ACUTE PRESCRIBING, KEY POINTS FOR REMEDY COMPARISONS

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FAST PRESCRIBING TECHNIQUE

- Look & diagnose: gesture & posture, facial expression, gait etc.
- Miasmatic nature & expression of the person.
- Aetiology & N.B.W.S.
- Keynote (red-line) symptom.
- PQRS or RSP (§153, 209).
- Organopathic approach.

WITHDRAWN MAN

TREATMENT METHODOLOGY IN ACUTE PRESCRIBING

There are two types of cases we get for Acute Prescribing

- Acute disease
  (e.g., cold, fever, etc.)
- Acute exacerbation of chronic cases
  (e.g., acute status asthmaticus in a chronic case of asthma)

Therefore, when the patient is on a chronic constitutional deep acting medicine, I prefer not to disturb the dynamic resonance of the chronic medicine and would prefer to give acute medicines either in tincture or in very lower potency, so that it does not go in the level of the dynamic deep acting medicine.

APPROACH IN ACUTE PRESCRIBING

▪ During acute state, we Homoeopath can handle the acute cases with courage and prescribe the following medicine. As the patient wants immediate relief, so in my long experience, I have used extensively the medicines, which has pronounced action on the main symptoms of the specific acute situation and have the capability of giving the patient instant relief. Some times patient is drug dependent even for an acute situation e.g., acute acidity in chronic gastritis and constantly takes antacids on a daily basis (in such situation according to §173 - §178, Ref. Organon of Medicine:

▪ I like to share the courage with my fellow homoeopaths, so that they can confidently prescribe the indicated acute medicine and handle the attack. Homoeopathy is not complementary medicine but it is an Alternative medicine to the conventional chemicals and we can do this by adopting proper methodology and thereby give fast relief to our patients during their acute suffering, as well.

APPROACH IN ACUTE PRESCRIBING

- In drug dependent cases, when the patient is on conventional medications; in such cases it is very difficult to get a clear picture of the case. The artificial chronic disease is superimposed on the original natural disease (Aphorism 91, Organon), therefore symptoms are contaminated or suppressed and the patient cannot give a clear picture e.g., sensations, modalities, etc. I select Lesser Known Organopathic Medicines, where there is absence of good totality for polychrest prescribing.

- In the same way, for conventional pain killer dependent Migraine cases, the artificial chronic disease is superimposed on the original natural disease, therefore symptoms are contaminated or suppressed and the patient cannot give a clear picture for a constitutional medicine as well as the modalities of the pain are masked. Therefore, the following medicines can be selected on the basis of few available symptoms, e.g., Acetanilidum, Anagyris, Bromium, Chionanthus Virginica,

APPROACH IN ACUTE PRESCRIBING

Epiphegus, Ferrum Pyro-Phosphoricum, Indium, Iris Versicolor, Kalmia Latifolia, Lac Defloratum, Melilotus, Menispernum, Menynanthes, Oleum Animale, Onosmodium, Saponin, Usnea Barbata, Yucca Filamentosa etc.

- Similar example for Drug Dependent Hypertensive cases where the following medicines (Allium Sativa, Crataegus Oxyacantha, Eel Serum, Ergotinum, Lycopus Virginicus, Rauwolfia Serpentina, Spartium Scoparium, Strophanthus Hispidus etc.) are capable of gradually weaning off the conventional medication.

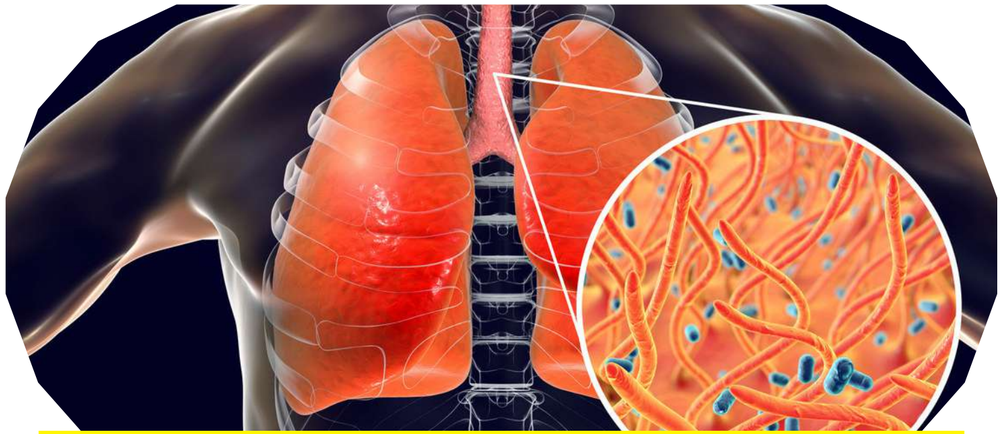
ACUTE PRESCRIBING – COUGH & COLD:

CLINICAL & COMPARATIVE MATERIA MEDICA OF COMMON COUGH & COLD MEDICINES

ANTIMONIUM TARTARICUM

- **Key Indication:**

When the patient coughs, there appears to be a large collection of mucus in the bronchi: it seems as if much would be expectorated but nothing comes up.



LARGE COLLECTION OF MUCUS IN THE BRONCHI

- **Three Major Indications in Cold: COLD:**

(a) 3 D's "Death Rattle";
(b) Damp Dwelling;
(c) Drowsiness.

DEATH RATTLE

- **Onset and Chain of Development:**

Damp dwelling; Neonatal asphyxia (cord-round-neck); suppressed vexation ->

ANTIMONIUM TARTARICUM

Features of Cyanosis and hypoxia -> Face cold blue -> Catarrh (+++) with death rattle -> Vomiting -> Sleepy and drowsy.

CATARRH (+++) WITH DEATH RATTLE

- **<u>Pin-point Differentiation Point:</u>**

Advanced stage with lots of catarrh and rattling.

VOMITING

- **<u>Potencies of Choice:</u>**

30, 200, 1M.

FERRUM PHOSPHORICUM

- **Key Indication:**

Can be thought of in first stage of all inflammatory affections, before exudation sets in.

- **Three Major Indications in Cold:**

CONGESTION:

(a) Congestion & Inflammation;

(b) Flushed;

(c) Lassitude: (i) Physical; (ii) Mental.

CONGESTION & INFLAMMATION

PHYSICAL LASSITUDE

FERRUM PHOSPHORICUM

- **Onset and Chain of Development:**

Checked perspiration -> Congestion -> First stage of inflammation -> Susceptibility to chest infections (Ref. Boericke) -> Bronchitis of young children. Also first remedy for colds in the chest—especially children.

PERSPIRATION

- **Pin-point Differentiation Point:**

Initial stage with congestion before exudation.

- **Potencies of Choice:**

3X (fever); 6X (haemorrhage); CM (Chronic Suppurative Otitis Media).

BRONCHITIS OF YOUNG CHILDREN

KALI SULPHURICUM

- **Key Indication:**

The yellow colour of all discharges..

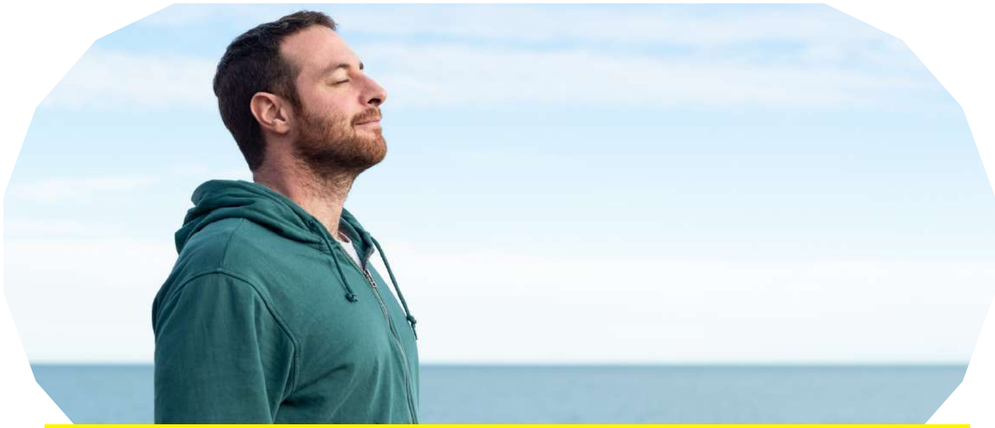
- **Three Major Indications in Cold:**

CATARRH:
(a) Yellowish expectorations;
(b) Better in open, cool air;
(c) Chilliness.

- **Onset and Chain of Development:**

Chill when overheatged -> Exposure to cool open air -> Catarrh -> Croupy hoarseness -> Rattling in chest -> Yellowish expectoration (even yellowish sputa, which is worse in the evening & heated room >> in open cool air).

YELLOWISH EXPECTORATIONS



BETTER IN OPEN, COOL AIR

KALI SULPHURICUM

- **Pin-point Differentiation Point:**

Later stages of inflammation with profuse and intermittent yellow expectoration.

- **Potencies of Choice:**

6X, 30, 200, 1M, 10M, 50M, CM.

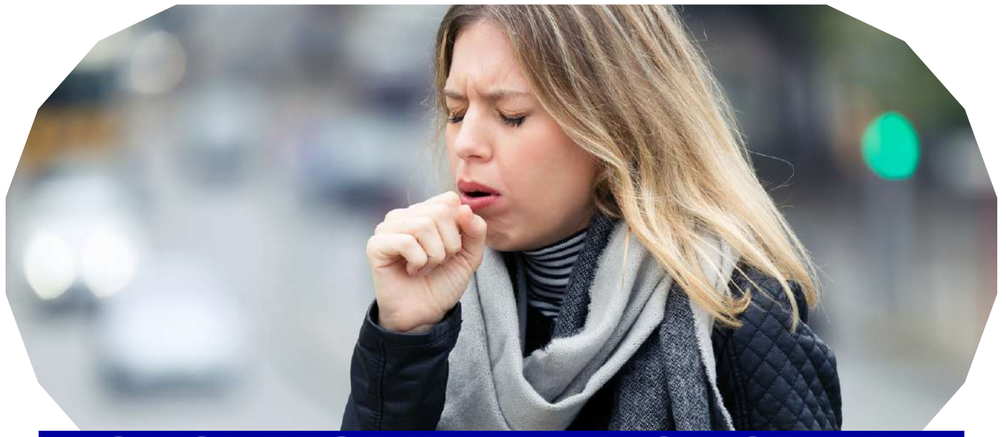
PROFUSE EXPECTORATION

YELLOW EXPECTORATION

RUMEX CRISPUS

- **Key Indication:**

Extremely sensitive to open air: slightest inhalation of air brings on cough.



SLIGHTEST INHALATION OF AIR BRINGS ON COUGH

- **Three Major Indications in Cold:**

COUGH:

(a) Sensitive – Open air:

(i) Mucus-membrane, (ii) Skin;

(b) Tickling in throat pit;

(c) Early morning diarrhoeas (associated feature).

TICKLING IN THROAT PIT

RUMEX CRISPUS

- **Onset and Chain of Development:**

Exposure to cool open air -> Tickling in throat -> Cough -> Covers all the body and head with bed cloth.

- **Pin-point Differentiation Point:**

Exposure to air is the prime exciting cause -> tickling in throat.

- **Potencies of Choice:**

30, 200, 1M, 10M, 50M, CM.

TICKLING IN THROAT

COVERS ALL THE BODY AND HEAD WITH BED CLOTH

SABADILLA

- **Key Indication:**

Sneezing and sore throat: periodical and paroxysmal.

- **Three Major Indications in Cold:** CORYZA:

(a) Sneezing and coryza with face hot and eyes red;
(b) Sore throat > by warm foods;
(c) Periodical & Paroxysmal.

- **Onset and Chain of Development:**

Sneezing (spasmodic and paroxysmal) -> Lachrymation -> Coryza (Copious & watery) -> Sore throat (L -> R) -> Sensation of something hanging loosely in throat, must swallow over it -> Dryness of fauces -> Fears that he has some horrible throat disease and that will prove fatal.

SNEEZING

SORE THROAT > BY WARM FOODS

SABADILLA

- **<u>Pin-point Differentiation Point:</u>**

Sneezing -> lachrymation -> coryza -> sore-throat cycle (Everytime he takes cold it settles in nose and throat).

- **<u>Potencies of Choice:</u>**

30, 200, 1M, 10M, 50M, CM (Long acting remedy).

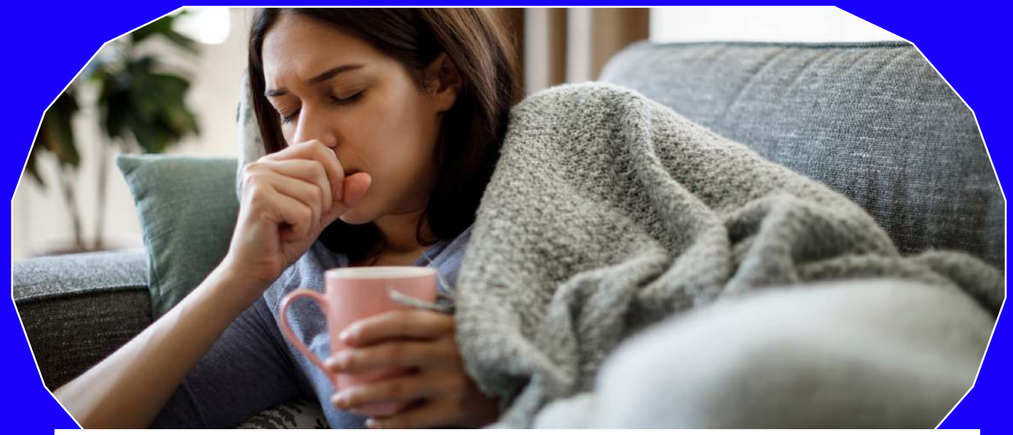
SNEEZING

LACHRYMATION

PRESCRIBING TIPS

- In acute prescribing, e.g. a case of flu, cold and cough, I emphasise on 3 areas: Aetiology (how the problem started); Modalities and the weakest link in the body, that is the organ first affected (e.g. Belladonna cold starts in head and throat; Bryonia and Dulcamara cold starts in nose; Ferrum Phos starts in the chest (gets chesty cough, Ref. Boericke); Gelsemium with heavy limbs and 3D's (dull, dizzy & drowsy); Sabadilla with sneezing. This enumerates that these are the weakest areas in that personality (e.g. whenever Mr. Bryonia is ill, nose is the first organ to give-up; weakest part of the chain/link).

FLU



COLD AND COUGH