

# ALLEN COLLEGE OF HOMOEOPATHY



## 6 REMARKABLE SHORT CASE STORIES- Part- 3



By

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- 1) **A case of Recurrent Boils:** This is a case of a young girl aged 14 years suffering from annoying small boils popping up in her face for last 9 months during her periods. Boils generally appears on the 2<sup>nd</sup> day and clears-up by 5<sup>th</sup> day of each period. She also suffers from extreme itching of her anus and for which she has been tested for worms but they were negative. Amongst her Homoeopathic generalities, she is a very thirsty person, loves salty, savoury foods and enjoys warm drinks. She also suffers occasionally from sinusitis with stuffed nose. This short story led me to think of a master blaster polychrest in our Homoeopathy and she was better within 4 months. I prescribed Medorrhinum, 200 and the patient was totally better within 4 months.
- 2) **A case of Chest Infection:** This is a case of chronic catarrhal condition of a man in his late 40's suffering from recurrent chest infection with expectoration of salty, savoury taste! He catches cold very easily and cold settled in the chest. The other interesting thing he described is his sour eructation and flatulents which is aggravated after every time he has soup! This was enough for me to select one of the interesting polychrest which releaves the symptom of the patient within 4 months. I prescribed Kali Carb, 200 and the patient was totally better within 4 months.
- 3) **A case of Photophobia:** This is an interesting case of Photophobia which started 6 weeks back after a slight abrasion from a thorn while doing gardening. Guess what you will prescribe? A deep acting polychrest or an acute? I prescribed Conium, 200 followed by 1M and the patient was totally better within 4 weeks.
- 4) **A case of Fibromyalgia:** This is a case of Fibromyalgia of lower extremities (both legs, specially thighs and calf muscles) with extremely tearing pain in the muscles in a patient who is sentimental and sensitive and have an aversion to potatoes. Her muscle pains are aggravated in cold damp air and only gets better by lying on the back and flexing her lower limb towards her abdomen. She also complained about regular appearance of darkish brown small spots in arms and face, which she hates because of the cosmetic value. Guess a medicine which has aversion to potatoes but also can cover the Fibromyalgia and the brown spots? I prescribed Thuja, 200 and the patient was totally better within 9 months.
- 5) **A case of Urinary Incontinence:** This is a story of a young woman in her mid 20's who have few annoying problems for which she consulted me. (a) she has sudden call to urinate; must hurry otherwise might have an accident; (b) extremely strong smelling, like that of garlicky odour in her sweat specially from her armpits. (c) she also has extreme difficulty in combing because of the stiffness of her hairs. These are making her annoyed and depressed and loosing the interest in life. During head to foot discussion, she mentioned that she loves fizzy drinks and she drinks a lot (non-alcoholic fizzy drinks) but eats little. This lead me to prescribe one of our greatest polychrest of our Materia Medica and the patient was better within 6 months. Glory goes to Hahnemann and his beautiful Homoeopathy. I prescribed Sulphur, 200 and the patient was totally better within 6 months.

- 6) **A case of Anorexia:** This is a case of a middle aged woman whose main problem was complete loss of appetite on the days she goes to the gym. Also she gets headache after the workout. This was more or less a one sided case with no more major symptoms. The only other thing she mentioned about a peculiar tickling cough that some times she gets only during and/or after eating. She is a chilly person and catches cold easily and her weakest organ is nose with a manifestation of recurrent sneezing. Interestingly, she enjoys sneezing and her headache get slightly better. This gave me ample clue to prescribe the medicine which relief the patient of her symptoms within 6 weeks. I prescribed Calcarea Carb, 1M and the patient was totally better within 6 weeks.

**Prescriptions given to above cases:**

**Case No. 1:** Medorrhinum;

**Case No. 2:** Kali Carb;

**Case No. 3:** Conium;

**Case No. 4:** Thuja;

**Case No. 5:** Sulphur;

**Case No. 6:** Calcarea Carb;