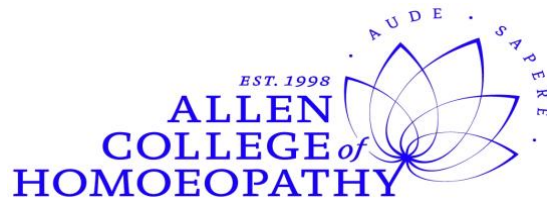


ALLEN COLLEGE OF HOMOEOPATHY



6 EXCEPTIONAL SHORT CASE STORIES- Part- 1



By

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- 1) **A case of Debility and Headache:** This is a story of a middle aged woman who regularly suffers from headache after her each menstrual period. She also feels unusually hot during period, which makes her to think about premature hot flush as she is only in her early 40's. Also she suffers from profound weakness, especially in bed in the morning and on waking. Amongst her generals: she catches cold easily; hates slimy food. These were the main features of the case. This lead me to prescribe an interesting polychrest for this patient which resolved all the problems within 6 months. I prescribed Natrum Mur, 200 and the patient was totally better within 6 months.
- 2) **A case of Nose Boring and Hair Falling:** This is a story of a young boy in his mid-teens has a disturbing habit of boring finger into the nose. His mother also complains about few grey hairs and also profuse hair falling after shower and combing. On looking at him, I saw he is quite tall for his age! Amongst his Homoeopathic generalities, the remarkable thing was his thirst for cold milk and grape fruit drink. He also suffers from lack of focus and absent mindedness. I prescribed Phosphoric Acid, 1M and the patient was totally better within 5 months.
- 3) **A case of Pancreatic Disease:** This is a patient suffering from pancreatic disease in her early 50's with very offensive stool and flatus. She belches large quantities of wind after every meal. Her hearing is difficult and in this early age, she suffers from hardness of hearing specially for human voice. She also mentioned about her premenstrual depression and lachrymal disposition (pre-menstrually). While going through the case, I found out her tidiness specially in regard of washing-up and washing clothes. This lead me to prescribe an interesting polychrest for this patient which resolved all the problems within 9 months. I prescribed Phosphorus, 200 and the patient was totally better within 9 months.
- 4) **A case of Asthma:** This is an interesting story of a patient suffering from Asthma. He is in his late 30's and suffers from post-nasal dripping with chronic catarrh. While going head to foot, I found he has difficulty in combing his hair because of extreme dryness. His asthma is worse from sitting-up and better by lying down, which is unusual. For last 4 years, he suffered from cough every winter. He also suffers from profuse sweating which some times makes his cough better. This short story led me to think of a master blaster polychrest in our Homoeopathy and he was better within 9 months. I prescribed Psorinum, 200 and the patient was totally better within 9 months.]
- 5) **A case of Diarrhoea:** This is a story of a man who rushes to the loo, every time he has a chilled drink (which he likes). He also feel sleepy after eating, specially after lunch and dinner but becomes unusually energetic after breakfast. He also have a peculiar back ache, every morning in bed. I prescribed Staphysagria, 200 and the patient was totally better within 3 months.

- 6) **A case of Sexual Imodesty:** This is a case of a young boy of 9 years old who has a annoying habit of constantly playing with his genitals, even in front of public. Doctor like to prescribe anti-depressant for the trouble which mother do not like to do. The case was more or less one sided with lack of symptoms. The boy also has loud snoring during sleep. One of the interesting symptom I got from his mother is the constant reference to his height and he talks about it quite often with his friends and family. This lead me to prescribe an interesting polychrest for this patient which resolved all the problems within 6 months. I prescribed Strmonium, 200 and the patient was totally better within 6 months.

Prescriptions given to above cases:

Case No. 1: Natrum Muriaticum;

Case No. 2: Phosphoric Acid;

Case No. 3: Phosphorus;

Case No. 4: Psorinum;

Case No. 5: Staphysagria;

Case No. 6: Stramonium;

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