

ALLEN COLLEGE OF HOMOEOPATHY



6 Contributions of Subrata to the Homoeopathic Fraternity Part-2:

This will be continued in 4 Parts



By

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GOLD MEDALIST

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2) **SYNTHETIC PRESCRIPTIONS (KENTIAN WAY); & USE OF IODATUMS:**

**Synthetic Medicines: Features of TWO Polychrests
in ONE medicine: From Kent's Lectures on Materia Medica**

Calcarea Ars:

- i) As this remedy is a chemical union of two well proved deep acting remedies it would most likely appear at once to the mind as a long acting remedy, well suited to many chronic disease.
- ii) Dropsy is a strong feature, as it is in Arsenicum and Calcarea.

Calcarea Sulph:

- i) It is useful in the affections of bone, caries of bone.
- ii) Standing aggravates many complaints, but especially the joints.
- iii) Like Sulphur, it has cured morning diarrhoea, but has also an evening diarrhoea, and is very useful for diarrhoea in children.

Calcarea Sil:

- i) From what is known of both calcarea and silica it ought to be a remedy in caries where the symptoms agree.
- ii) Some provers desire sour things and milk.

Getting the inspiration from that, I have widely researched in my practice about the trend of patients in the present world.

*World population have Syco-Tubercular preponderance:
Greedy, Materialistic, Expolitation and Jealousy of Sycosis and
Dissatisfaction, Impatience and Changeability of Tubercular Miasm
with Glandular (Breast, Ovarian, Thyroid, Prostate enlargements: Benign
& Malignant).*

There is a tremendous rise of Benign & Malignant affections of the glands, e.g. Breast, Prostate, Thyroid, Lymphomas etc. to name a few.

Hence, I have found the Iodum group of medicines are extremely beneficial as most of them also have Syco-Tubercular Preponderance:

IODATUMS:-

A hot patient with scrofulous diathesis who catches cold easily, desires open air+++ , has aggravation in a warm room but all complaints are > open air.

Mentals: Desires food but loses weight despite living well. Restless++. Hurried. Impulsive. List maker. Fear of forgetting due to absent mindedness. All halogens like Iodatum affect the larynx and all glands.

Throat: Dry cough -> allergic spasms.

Glands: Thyroid; Mammae; Testes; Prostate; Ovaries.

Menses: Irregular. Slimy acrid leucorrhoea. Profound weakness during menses.

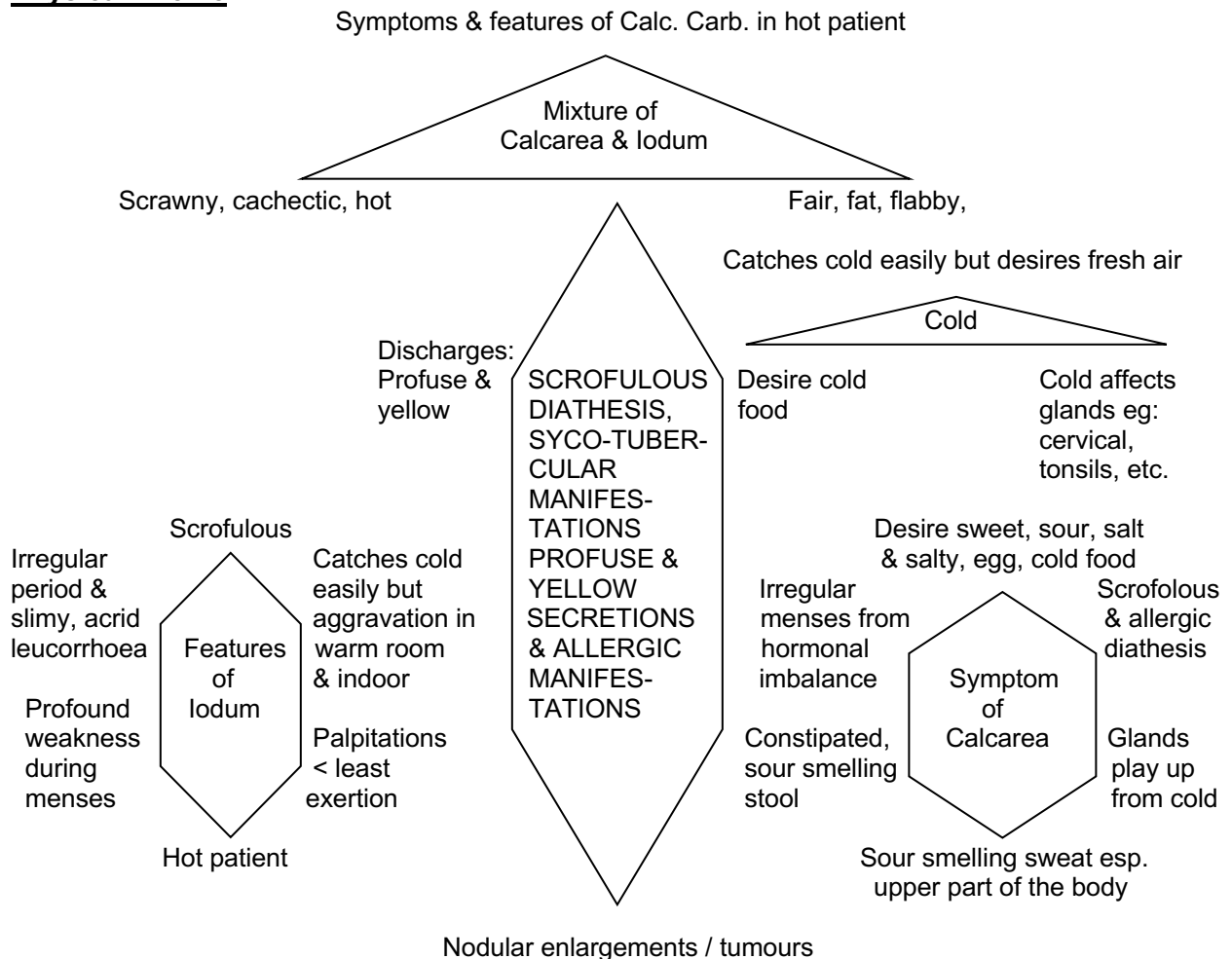
Heart: Palpitations+++ , < least exertion.

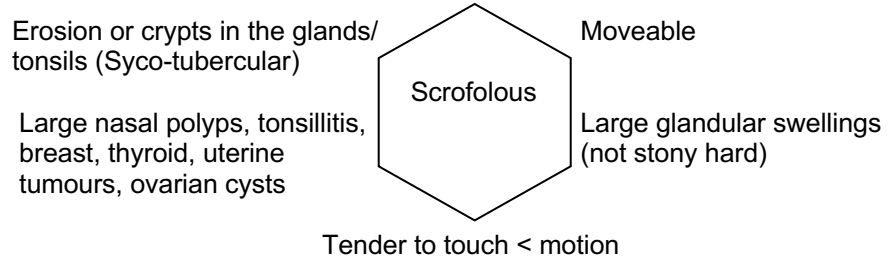
6 Leaders that I frequently use:

- Calcarea Iodata;
- Baryta Iodata;
- Arsenicum Iodata;
- Natrum Iodata;
- Kali Iodata;
- Sulphur Iodata;
- Others, I use frequently:
- Aurum Iodata;
- Merc Iod Rub.;
- Merc. Iod Flav.;
- Plumbum Iodata;
- Zincum Iodata;

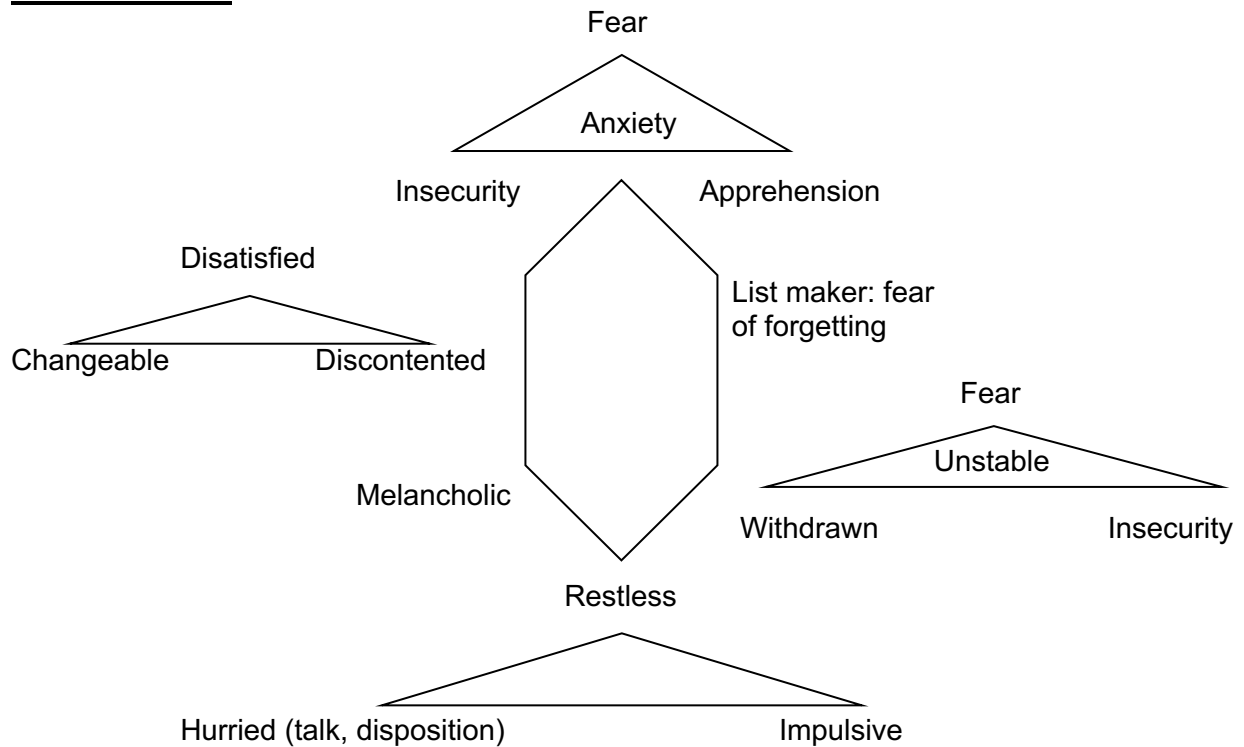
CALCAREA IOD.-

Physical Theme:





Mental Essence:



BARYTA IOD:-

Prescription Points: Emotionally delayed and withdrawn, nervous, ECC, having immune disorders and a scrofulous diathesis.

Miasms: Tub+++ . Syc+++ . Psor++ . Syph++ .

Sphere of Action: Glands. Immune system. Eyes.

Mineral Remedy: Baryta Group: Hydrogenoid. Delayed physical and mental development. Scrofulous malnourished child and adult.

Mineral + Iodatum: Prevents and arrests tumours. Improves development and growth. Repairs broken down immune system.

Onset of Sx: Medium.

Sweat: Offensive foot sweat.

Discharge: Offensive.

Thirst: ++.

Appetite: Poor.

Desires: Sweet.

Mind: Mood swings (from anger to timidity). Weakness of memory, cannot learn or remember. Withdrawn. Repugnance to stranger and/or society. Lack of self-confidence; indecisive+.

Sleep: Disturbed, frequent waking - > anxiety.

Dreams: Unquiet dreams.

Fear: Ghosts. Strangers. Being laughed at, mocked teased.

Company: Averse.

Insecure: +.

Irritable: ++.

Escapism: Runs away or hides from strangers.

Restlessness: Sluggish.

Thermal: Hot+++.

Timing of Aggravation: < Morning.

Weather: < Cold.

Noise: < Noise.

Physically: < Being looked at Headache < tying hair.

Thyroid: Affected, has swellings, goiter.

Tonsils: Hypertrophy. Quinsy.

Axillae: Swollen. Indurations.

Mammae: Hard indurations.

Uterus: Leucorrhoea prior to menses.

Ovaries: Ovarian cysts associated with frequent urination.

Prostate: Affected → sexual debility.

Testes: Indurated.

Other Glands: Cervical lymph glands hypertrophied. Hard tumours and indurated glands.

Heart: Arterial fibrosis. Arteriosclerosis.

Respiratory: ECC → cold settles in tonsils → quinsy (peri-tonsillar abscess).

GI: Bitter taste, weak digestion.

ARSENICUM IOD.:-

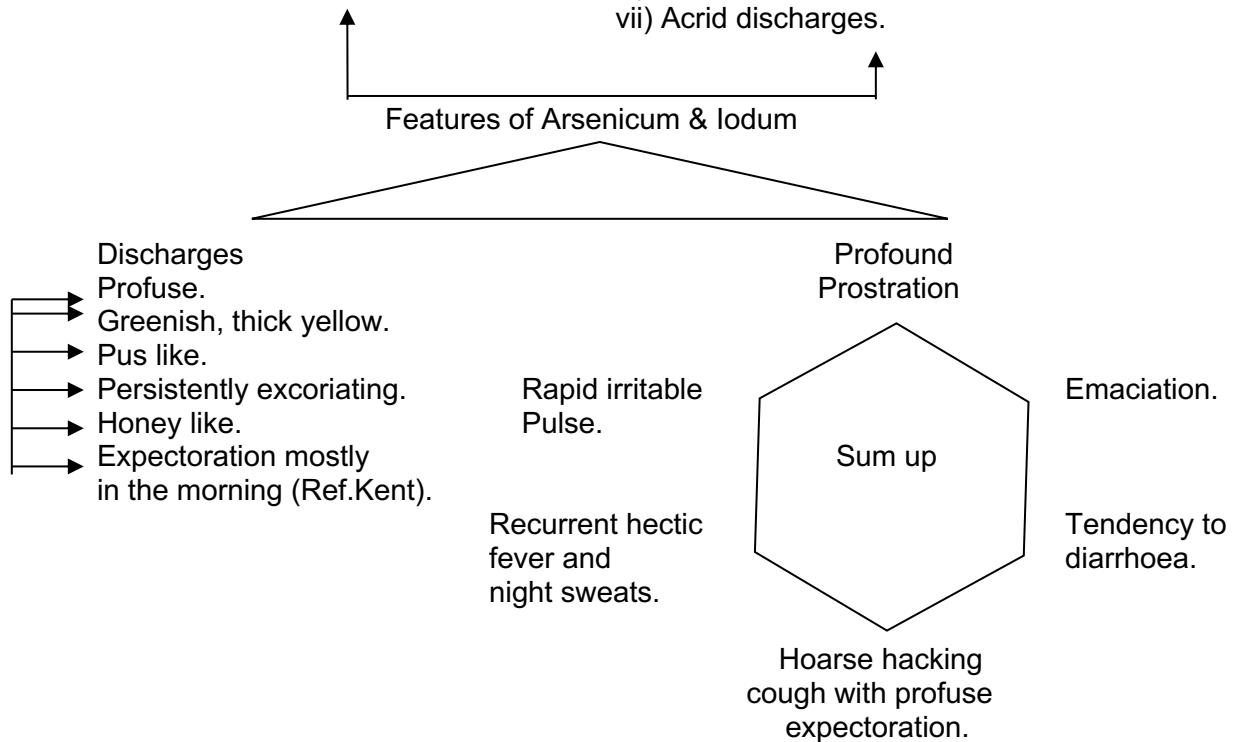
Theme & Essence:

Features of Arsenicum

- i) Sensitive to cold.
- ii) Dropsy : internal & external.
- iii) Burning.
- iv) Acrid discharges.
- v) Anaemia & Emaciation.
- vi) Profound debility.

Features of Iodum

- i) Sensitive to heat.
- ii) Worse when hungry & relieved by eating.
- iii) Pulsation : internal & external.
- iv) Emaciation.
- v) Tubercular diathesis.
- vi) Indurations.
- vii) Acrid discharges.



NATRUM IOD.:-

Prescription Points: Scrofulous diathesis, in a Natrum constitution with strong desire for open air and sea air. Unproven sodium salt (Clarke).

Sphere of Action: Glands. Neuro-muscular. Joints. Respiratory. Heart, blood.

Mineral Remedy: Natrum Group. Pessimistic, sensitive, closed, dwells on the past. Loner. Vulnerable. Feels as if carrying the burdens of life alone. Moody, sad, melancholic, hypochondriac. Weepy, <consolation.

Mineral + Iodatum: Past history of disappointed love, betrayal, rejection, humiliation, mental and sexual abuse, grief, suppressed anger -> glandular tumours anywhere in body, pharyngeal and laryngeal affections, cardiac complications including rheumatic endocarditis, angina pectoris and mental manifestations characterised by lack of

balance resulting in being closed, withdrawn, sensitive, difficult to forgive, resentful, fears of rejection, fret and irritation.

Onset of Sx: Medium.

Sweat: Profuse.

Stools: Tends to constipation.

Urine: Burning.

Discharge: Acrid, watery.

Thirst: ++.

Appetite: Great.

Intolerances: Alcohol.

Desires: Salt. Farinaceous.

Aversions: Bread.

Mind: Being alone in battle for Existence/ Space. Sensitive, jealous, pessimistic, brooding and dwelling on the past, closed and withdrawn with only a few very close friendships. Monogamous. Vulnerable++. Right to Existence/ Space has been taken away. Anxiety with insecurity and vulnerability.

Sleep: Disturbed.

Dreams: Full of fears, anxious.

Fear: Fear of misfortune+++.

Company: Averse++.

Anxious: +++.

Depression: When trapped into a corner.

Insecure: ++.

Irritable: ++.

Aggressive: +.

Escapism: Suicidal due to loss of hope. Unable to escape due to feeling trapped. Withdrawn, closed, does not share or trust easily; escapes to safe place in own mind.

Restlessness: ++ From unknown anxiety and fear.

Affected Side: Right.

Thermal: Warm.

Timing of Aggravation: 10.00 until mid-day.

Eating: <Fasting; >Eating.

Weather: <Summer; <Sunlight; <Spring; <Sea, OR >Sea (Clarke); <Thunder storm; >Fresh air.

Noise: <Noise.

Physically: <Rest; <Touch; <Pressure; >Movement.

Thyroid: Hyperthyroidism. Swelling of thyroid, tumours. Increased metabolism.

Axillae: Tumours.

Mammae: Small size. Tumours.

Uterus: Tumours. <suppressed menses. Menses with slimy acrid leucorrhoea. Profound weakness during menses.

Ovaries: Tumours.

Prostate: Tumours.

Testes: Tumours.

Swollen: Swollen hard.

Head: Throbbing headaches that are < or > sea side.

Nerves: Desires balance and harmony (Natrium), and when balance is lost, become vulnerable++ and sensitive++ physically and mentally.

Heart: Palpitations. Arteriosclerosis. Angina pectoris.

Respiratory: Allergies. Asthma. Hay fever, acrid nasal coryza. ECC. Catarrhal affections, chronic bronchitis. Pharyngitis. Laryngitis including laryngeal polyps.

Joints: Thin frail appearance.

Skin: Itchy, eruptions in joints and folds of skin.

KALI IOD.:-

Prescription Points: Swelling, congestion and inflammation of all glands in a gouty, rheumatic patient who catches cold easily with syphilitic conditions of affected parts, oedematous swellings and diffused sensitiveness.

Miasm: Tub+. Syph+++ . Psor++. Syc++.

Sphere of Action: Glands. Joints. Respiratory. Head.

Existence/ Space: Duty to deserve Existence/ Space

Mineral Remedy: Kali Group: Dutiful, organised, principled, disciplined, routinistic. Family oriented, loyal. Closed. Fearful → aggression. Weakness, fag.

Mineral + Iodatum: Glandular affections. Syphilitic joint and skin affections. Chronic sinusitis and migraine pains.

Onset of Sx: Medium to quick onset. After retirement, job loss.

Stools: Discharges of serous mucus from rectum. Diarrhoea; with pain in lumbar region. Constipated; small faeces, hard, tenacious lumps, difficult to evacuate.

Urine: Copious, clear as water. Frequent urge.

Discharge: Acrid, watery coryza. Thick copious greenish to yellow foetid discharges (Kent).

Thirst: +++

Appetite: Great to diminished.

Intolerances: Cold food and drink; Milk.

Desires: Sweet.

Aversions: Sour; Boiled foods/bland food.

Mind: Anger, harsh temper. Unable to perform their duty due to fag from anxiety, insecurity, self-control.

Sleep: Sound sleep.

Dreams: Work-related.

Fear: Loss of job. Inability to work, gain respect.

Company: Averse when unable to or stopped from performing duty; prefers only family.

Anxious: ++.

Depression: +.

Insecure: ++.

Irritable: From being unable to perform duty, or feeling undeserving of good fortune.

Aggressive: Aggressive if stopped from performing duty. Vengeful when family or group harmony is threatened. Can be harsh and abusive to family due to irritability from symptoms.

Escapism: Escapes to new place after performing duty.

Restlessness: ++. Restlessly busy to deserve existence.

Affected Side: Right.

Thermal: Hot+.

Timing of Aggravation: 03.00 - 05.00

Eating: < Fasting; > Eating.

Weather: < Summer; < Sea; < Damp; > Open air but coryza < open air.

Noise: < Noise.

Physical: < Rest; < Touch; < Pressure; < Lying on affected side; < Coitus; > Movement.

Thyroid: Hyperthyroidism. Swelling of thyroid. Increased metabolism

Tonsils: Hard.

Mammae: Small.

Uterus: < suppressed menses. Corrosive leucorrhoea. Fibroids. Hypertrophy. Tumours. Metrorrhagia, scanty menses.

Testes: Atrophy.

Other Glands: Swollen hard.

Head: Pneumococcal meningitis. Hard swollen nodes in brain, with oedema. Cranium swells up in a hard lump.

Nerves: Sciatica+++

Heart: Palpitations; Arteriosclerosis.

Respiratory: Allergies. Asthma. Hay fever. ECC. Laryngeal and pulmonary tuberculosis. Sinusitis.

GI: Indigestion, flatulence. Fissured anus. Bitter taste in mouth.

Joints: Joint pains esp. knees, swollen.

Skin: Rough nodular allergic hives with great heat. Purpura, eczema, boils, acne.

SULPHUR IOD.:-

Prescription Points: In skin complaints (esp. weeping eczema), when well selected remedies including Sulphur fail (we think of Sulph Iod and Morgan) and glandular involvement. Very hot patient suffering from dust allergies.

Miasm: Tub+++; Psor+++.

Sphere of Action: Glands. Skin. Respiratory.

Mineral Remedy: Sulphur Group:- Delusion about clothing. Lazy, indolent - Skin manifestations. Offensive discharges. Heat in different body parts. Profuse sweat, offensive. Desires sweets.

Mineral + Iodatum: Lack of harmony -> indolence, laziness -> hyper uncoordinated behaviour like selfishness, jealousy, etc. (Sulph character). Glandular affections in an extremely hot patient with Sulph constitution.

Onset of Sx: Medium.

Sweat: Offensive.

Stool: Bowels constipated. Diarrhoea loose, associated with mucus.

Discharge: Acrid. Yellow.

Thirst: ++.

Appetite: Anorexia.

Desires: Acids, sour. Pickles. Lemonade.

Mind: Selfish. Apathetic. Dread of exertion. Unsteadiness of thoughts, ideas.

Sleep: Sleepy in day, restless at night.

Dreams: Confused. Frightening.

Fear: Any kind of exertion.

Anxious: ++.

Irritable: ++.

Thermal: Hot.

Timing of Aggravation: On waking in the mornings.

Weather: <Change of season.

Physically: <Ascending stairs.

Tonsils: Hypertrophy.

Parotid: Tumours. Hypertrophy.

Axillae: Tumours.

Uterus: Acrid leucorrhoea.

Ovaries: PCOS.

Prostate: Tumours. Hypertrophy, may be with dull pain and burning at tip of penis.

Other Glands: Medium hard growths. Type II Diabetes with extreme hunger (polyphagia), losing weight despite eating well in a hot constitution with features of diabetic dermopathy.

Head: Frontal headache with throbbing and shooting pains in temples. Sore scalp, hair feels erect.

Nerves: Neurofibromas.

Heart: Heat in region of heart associated with palpitations.

Respiratory: Prostration with difficulty in expanding chest. Acrid nasal discharge, excoriation of nostrils (Clarke). Foetor oris. Constant disposition to swallow saliva, mucus. Sore throat <AM. Cough in early hours of night.

GI: Acute burning pain in pit of stomach. Enlarged liver.

Skin: Dark red, swollen, weeping eczema with itch++++. Varicose veins with pronounced itching. Painful suppurative acne when well selected remedies fail.