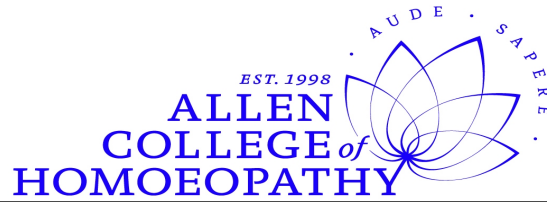


ALLEN COLLEGE OF HOMOEOPATHY



6 Contributions of Subrata to the Homoeopathic Fraternity Part-1



By

Dr. Subrata K. Banerjea

GOLD MEDALIST

B.H.M.S. (Honours in Nine Subjects of Calcutta University)

Fellow: Society of Homoeopaths, U.K

Fellow: Homoeopathic Medical Association of the United Kingdom.

Fellow: Association of Natural Medicine, U.K

Fellow: Akademie Homöopathischer Deutscher Zentralverein, Germany.

Director: Bengal Allen Medical Institute

Principal: Allen College of Homoeopathy, Essex, England

INTRODUCTION:

My 6 humble contributions to the Homoeopathic Fraternity are as follows:-

- 1) **M-TEK (for Chronic Prescribing: Combined Miasm with Totality, Essence and Keynotes);**
- 2) **Synthetic Prescriptions (Kentian way); & use of Iodatums;**

- 3) **How to practice in this Drug Dependent world (scope and utility of Organopathic Medicines);**
- 4) **Feelings (ask the patient to reflect the entire life and share his/her feelings);**
- 5) **1/10 (Good/Bad): Ask the patient about his/her each condition (presenting problem) and give a score out of 10;**
- 6) **Graph question at the end of each follow-up consultation.**

1) M-TEK (FOR CHRONIC PRESCRIBING: COMBINED MIASM WITH TOTALITY, ESSENCE AND KEYNOTES):

Miasmatic interpretation in Chronic Prescribing was given to us by Hahnemann after his extensive research.

MTEK is a useful memory aid to arriving at a correct prescription and in all cases I ensure the following is included:

- M** = Miasmatic Totality
- T** = Totality of Symptoms
- E** = Essence (should include gestures, postures, behaviours etc)
- K** = Keynotes (which should encompass PQRS symptoms, refer §153 and §209 of Hahnemann's Organon)

When the above criteria are considered and the steps below followed, a correct prescription can be achieved.

Step-I: Make the miasmatic diagnosis of the case i.e. ascertain the surface miasm.

Step-II: Assess the Totality of Symptoms + Essence + Keynotes and PQRS (if any) of the case and formulate the indicated remedy.

Step-III: Ensure that the indicated remedy covers the surface miasm, as diagnosed in Step I.

Step-IV: Administer the remedy, which encompasses the Miasm as well as the Totality of Symptoms.

Make the miasmatic diagnosis of the case i.e. ascertain the surface miasm. This can be done by the following way (I have elaborated in

detail, in my book, “**Miasmatic Prescribing**”(ISBN No.0-9542124-0-1).

Head to foot miasmatic assessment of symptoms - Through emotional essence, clinical manifestation, nature and character of the individual case we can diagnose the miasm from different aspects of the patient. e.g.

- **Hair loss** with dry lustreless hair and bran-like dandruff is psora, circular or spotty baldness is sycotic, diffused hair falling is syphilitic, and thick yellow crusts in the hair are tubercular.
 - **Taste:** burnt is psoric, fishy is sycotic, metallic is syphilitic and taste of pus is tubercular, **Pulse:** bradycardia is psoric, tachycardia is sycotic and irregular pulse is syphilitic.
 - **Bowels:** constipation is psoric, diarrhoea is sycotic, dysentery is syphilitic and malaena is tubercular.
 - **Pain:** neuralgic pains are psoric, joint pains are sycotic, bone pains are syphilitic and pains with exhaustion are tubercular.
- Please refer Miasmatic Prescribing by Subrata K. Banerjee

Diathesis (tendencies/pre-disposition)

- **Eruptive** diathesis is psoric
- **Rheumatic-gouty**, lithic-uric acid or proliferative diathesis is sycotic,
- **Suppurative-ulcerative** is syphilitic
- **Haemorrhagic, scrofulous** (glandular) diathesis is tubercular.

Secretions

- Psoric secretions are watery, with mucus, serous.
- Sycotic secretions are purulent, yellowish; sticky, acrid, putrid
- Syphilitic secretions are offensive
- Tubercular discharges are haemorrhagic.

Hobbies

- Hobbies can help in the miasmatic diagnosis.
- Hunting, boxing, wrestling reflects syphilitic taint.
- Travelling and creative hobbies, cooking, drawing, knitting and acting are tubercular. Gambling is sycotic.
- Ask your patient what they would do if they had a week off work and money would be no object. Psora is lazy and will do nothing. Sycosis will go to a casino or the races and Tubercular will go on a round the world trip. All these enquiries assist in enabling you to understand the innate dyscrasia and miasmatic nature of your patient.

Nails

Miasmatic diagnosis can also be made from nail appearance.

- Dry harsh nails are psoric
- Thick, wavy, ribbed, corrugated, convex nails are sycotic.
- Thin, concave nails are syphilitic.
- Glossy and spotted nails are tubercular.

Miasmatic observation of children

- Nervous, anxious, constipated children are psoric
- Restless, hyperactive, colicky, diarrhoeic children are sycotic.
- Withdrawn, dull, extremely forgetful, convulsive, dysenteric children are syphilitic.
- Allergic, haemorrhagic, stubborn, impatient children are tubercular.

By including the miasmatic dyscrasia of the person, the axiom of 'rapid, gentle and permanent recovery' (Hahnemann's Organon §3) is encompassed and the chances of recurrence are eradicated. In cases of one-sided disease with a scarcity of symptoms, the action of the anti-miasmatic remedy is centrifugal, and by bringing the suppressed symptoms to the surface it enables a proper totality to be framed.

- 1) PSORA:** (i) **Hair:** Dry, harsh, dandruff++. (ii) **Face:** Bluish appearance. (iii) **Facial expression:** Anxious, nervous, apprehensive, fearful. (iv) **Lips:** Dry, features of cyanosis. (v) **Skin:** Dry, harsh. (vi) **Nails:** Dry, harsh. (vii) **Dress:** Wears light colours. (viii) **Personality:** Affectionate, amiable, caring, cautious, collector, compassionate, conservative, considerate, dutiful (over the top Sycosis joins), easy-going, emotional, forsaken, kind, naïve, peace-maker, perceptive, private, reserved, sensitive, thoughtful, worrier. (ix) **Hobbies:** Watching TV, video, films (cinema), reading, board games, playing cards. (x) **Occupation:** Carer, clerical, nurse, nursery-nurse.
- (2) SYCOSIS:** (i) **Hair:** Fishy smell, alopecia in circular spots. (ii) **Face:** Yellowish colour, puffy, oedematous congenital/acquired overgrowth. (iii) **Facial expression:** Greedy, cunning, exploitative, jealous, suspicious, mischievous. (iv) **Lips:** Thickened. (v) **Skin:** Thickened, fish-scale, vesicular. (vi) **Nails:** Thick, ridged, ribbed corrugated, convex. (vii) **Dress:** Wears yellow/bright colours (ostentatious and fatuous). (viii) **Personality:** Aggressive, ambitious, arrogant, assertive, bossy, charismatic, enthusiastic, fanatic (if destructive Syphilis joins), faultfinding, friendly, gregarious, humorous, intense, list maker, manipulative, outgoing (if changeable Tubercular joins), perfectionist, planner, possessive, ritualistic serious, sincere, sociable (Tubercular joins). (ix) **Hobbies:**

Gambling, casinos, bingo, fast dancing (rock and roll), shopping (excess due to greed). (x) **Occupation:** Accountant, chief executive officer, dictator (successful), doctor (Psora also present), lawyer, pimp, policeman, politician, receptionist, stockbroker (Syphilis joins), under-cover agent

- (3) **SYPHILIS:** (i) **Hair:** Falling from all over the body. (ii) **Face:** Reddish appearance, cleft palate and allied congenital abnormalities. (iii) **Facial expression:** Cruel, brutal, vindictive, spiteful, dull, depressed. (iv) **Lips:** Cracked. (v) **Skin:** Cracks and fissures, ulcerative. (vi) **Nails:** Thin, break easily, channelled, pitted, concave (spoon shaped). (vii) **Dress:** Wears non-matching colours (lack of conception and realisation), dark colours, black. (viii) **Personality:** Abusive, closed, depressed, dogmatic, pessimistic, revengeful, rude. (ix) **Hobbies:** Hunting, wrestling, boxing, martial arts, archery, ten-pin bowling, speedway, coarse fishing (sea fishing). (x) **Occupation:** Butcher, manual labourer, publican

- (4) **TUBERCULAR:** (i) **Hair:** Breaks, splits and sticks together. (ii) **Face:** Purple colour, flushed cheeks. (iii) **Facial expression:** Indifferent, discontented, independent, stubborn, changeable. (iv) **Lips:** Bright red, flushing. (v) **Skin:** Flushing, bleeding. (vi) **Nails:** Glossy, white spots, flush easily. (vii) **Dress:** Wears red, purple and pinkish colours. (viii) **Personality:** Adventurous, artistic, bubbly, changeable, creative, fearless, fun loving, independent, rebellious. (ix) **Hobbies:** Creative hobbies (cooking, knitting, drawing, acting), traveling, horse riding, motor racing, golf, skiing, music, gardening, lake fishing, swimming, shopping (likes changes). (x) **Occupation:** Actor, air hostess, artist, craftsman/artisan, detective, driver, gardener, kindergarten nurse (Psora joins), postman, salesman, teacher.

This will be continued in 4 Parts.