

BEHAVIOURAL MATERIA MEDICA: NATRUM MUR

By

Dr. Subrata K. Banerjea

GOLD MEDALIST

B.H.M.S. (HONOURS IN NINE SUBJECTS OF CALCUTTA UNIVERSITY)

FELLOW : AKADEMIE HOMOOPATHISCHER DEUTSCHER ZENTRALVEREIN (GERMANY)

DIRECTOR : BENGAL ALLEN MEDICAL INSTITUTE

PRINCIPAL : ALLEN COLLEGE OF HOMOEOPATHY, ESSEX, ENGLAND

“SAPIENS”, 382, BADDOW ROAD, GREAT BADDOW,

CHELMSFORD, ESSEX CM2 9RA, ENGLAND

Tel & Fax No. 44 (0) 1245 505859

E. Mail No. allencollege@btinternet.com

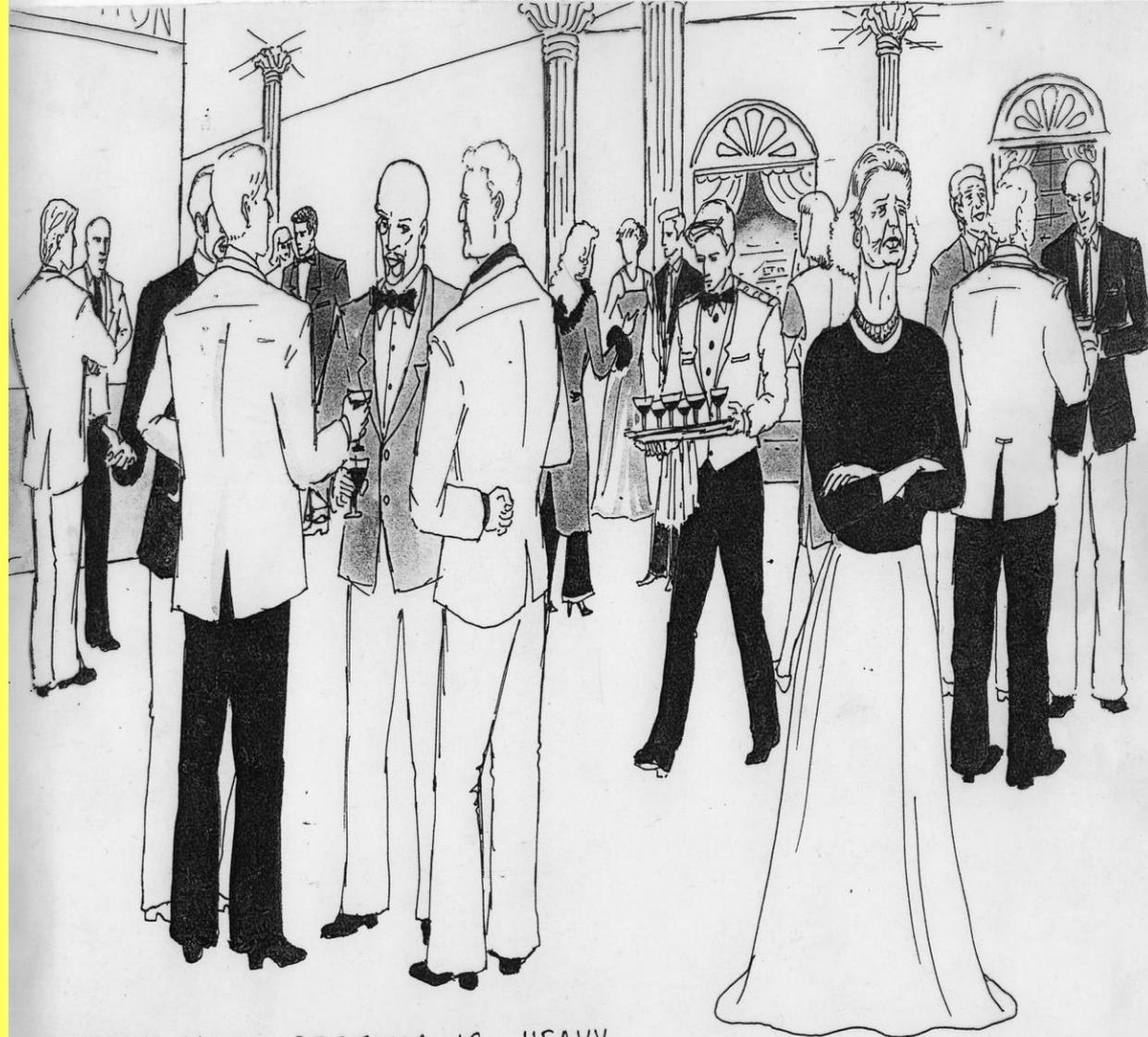
FACE

- Heavy persons.
- Greasy.
- Withdrawn.
- Pale, puffy (due to Sodium Stagnation).
- Dry looking, wrinkled (Due to NaCl depletion).
- Greasy, shiny sweaty.
- Oily, shiny, as if greased.
- Old looking.



HANDSHAKES

- Sit with their arms crossed – defensively in interview.



NATRUM MUR: PERSONA IS HEAVY,
PUFFY FACE, LONG NECK, ARMS CROSSED.

File-II-61

LIPS

- Dry with crack in center (esp. upper lip).



NAT. MUR : LIP CRACK

VOICE

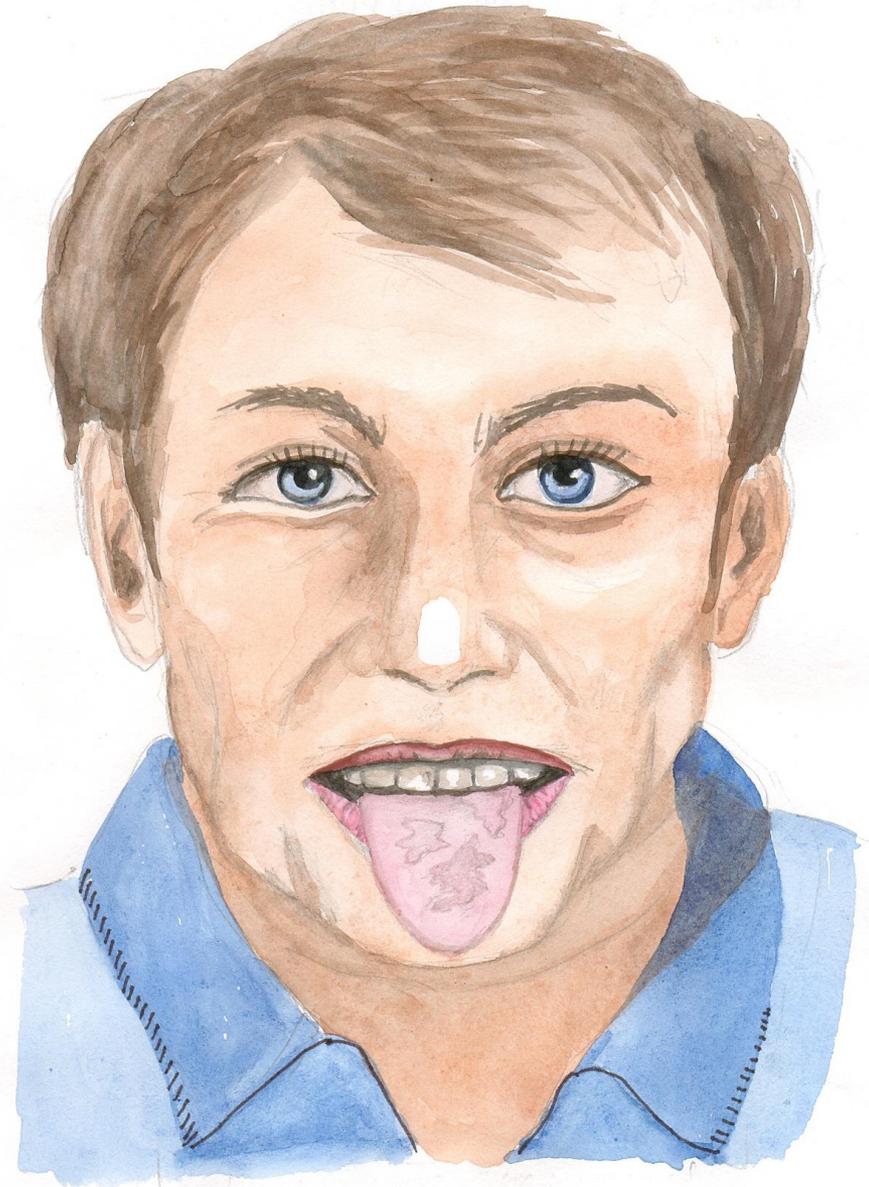
- Low pitched, not clear.
- **Sensitive to noise, high pitched music.**
- Indifferent to dress, hair disarray; unfashionable clothes. Speech – confused.



ANGRY WITH HEAVY GLASSES

TONGUE

- Geographical or mapped. Frothy coating on tongue, with bubbles on side. Sense of dryness.
- Numbness, tingling of tongue, lips and nose. Vesicles and burning on tongue, as if there was a hair on it.
- **Tongue mapped** [Ars.; Rhus; Tarax] Loss of taste.



NAT. MUR : TONGUE : MAPPED

DRESS

- Dark.
- Non-attractive (giving message: Don't come near me).
- Indifferent to dress, hair disarray, unfashionable clothes.
- Wears thick, awkward glasses.



NATRUM MUR: "LEAVE ME ALONE"-ATTITUDE; HEAVY PERSONA

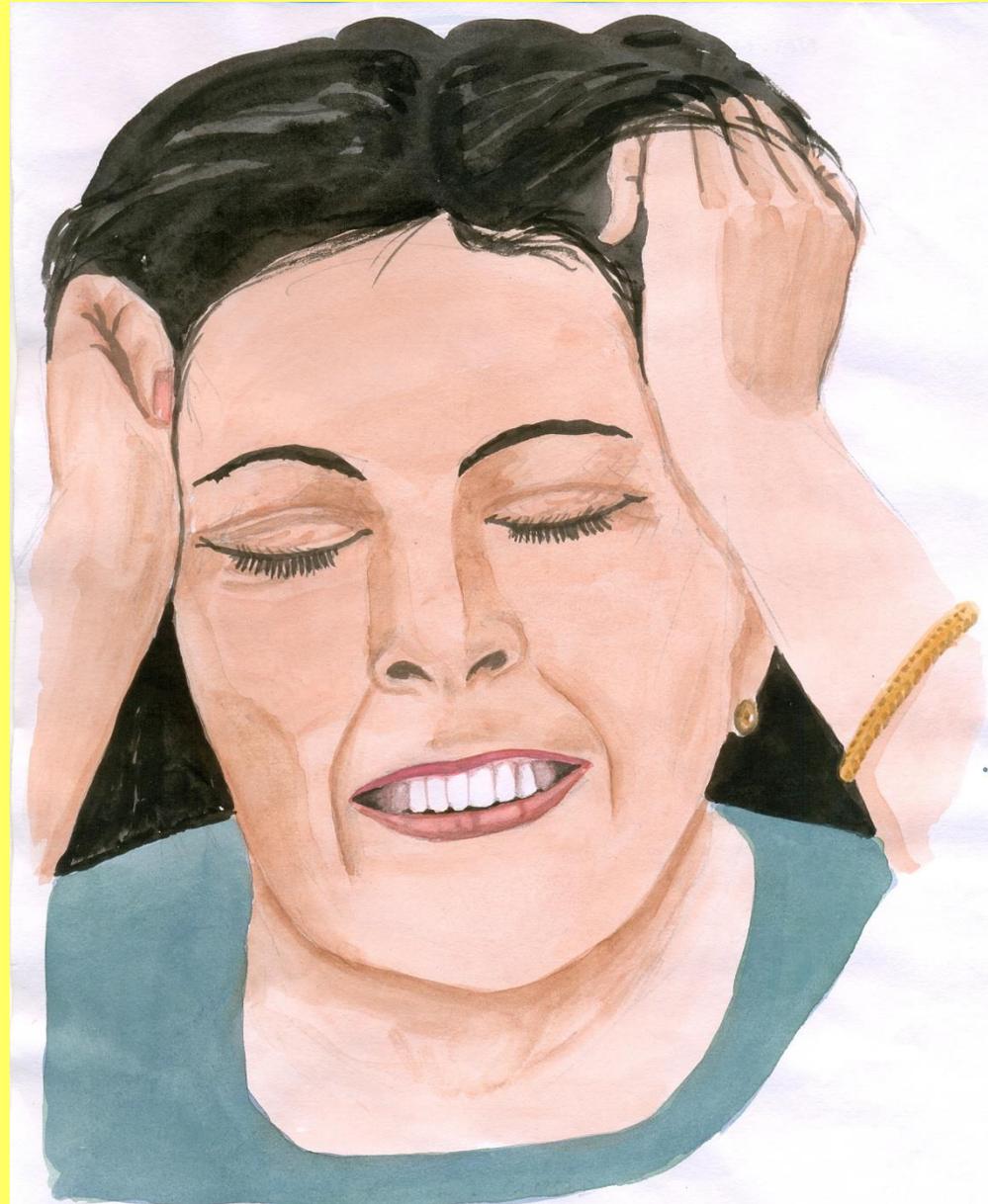
NAIL

- **Thick, corrugated with ridges (Sycotic). Hangnails; ingrowing toe nails. Twitching – sensation.**



MAKING APPOINTMENT

- Will reflect a “closed” aspect while making the appointment.
- Inflexibility, wants Saturday at 6 p.m. appointment.
- Will appear on time on the day of appointment!
- After 1 year of your treatment, may open her feelings more freely and be a very loyal patient of yours!



NAT. MUR - CLOSED

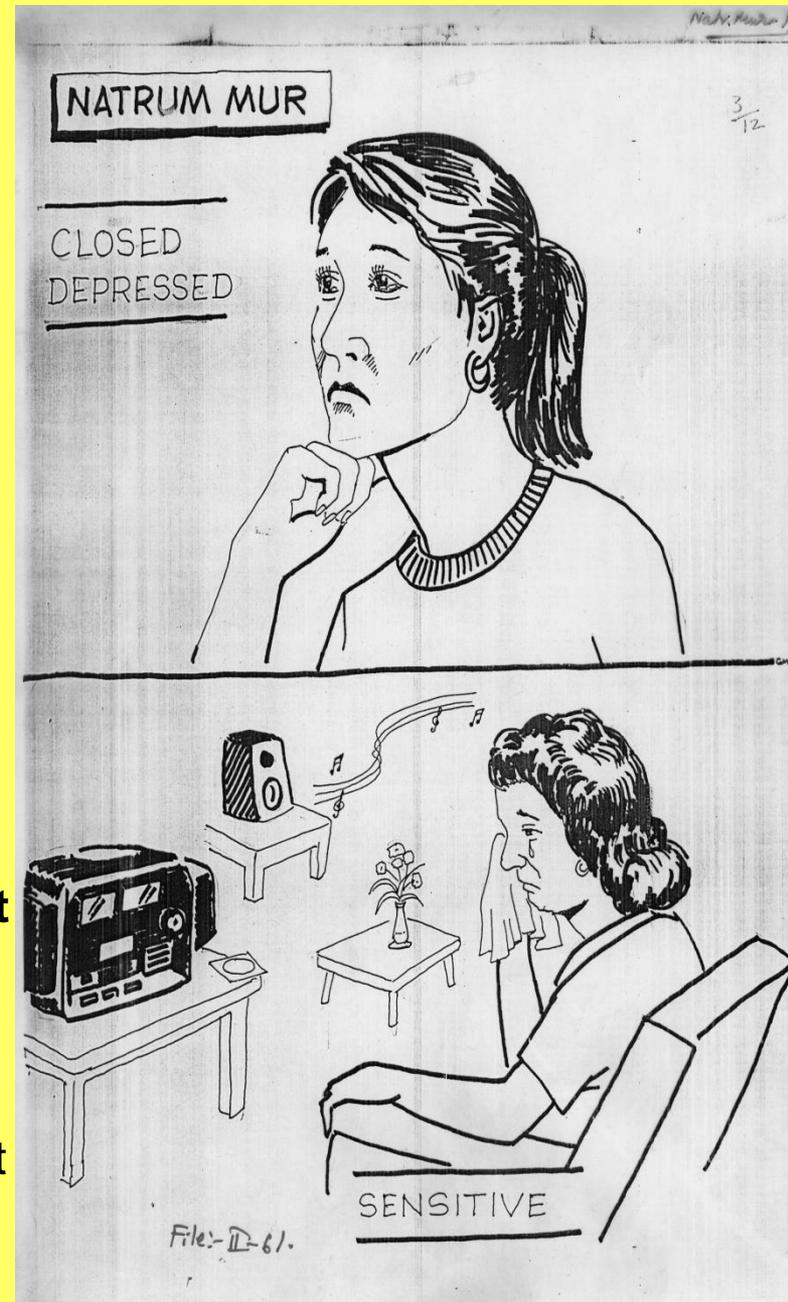
SIT & BEHAVE

- Leaning back.
- Closed.
- **Arms crossed non interested attitude.**
- **Sits there with crossed hands clasped tightly to the chest, holding in his anger, resentment or unhappiness.**



GESTURE

- Pendulous abdomen, suspended from a narrow strip of a throat on which is mounted a head.
- Persona is `heavy`.
- **Non-communicative, hides.**
- Leaning away from the physician.
- Kleptomania, **thumb-sucking.**
- Children suck their thumb and bite their nails, children who are **afraid of worms & small animals.**
- **Indifferent to dress, hair disarray, unfashionable clothes.**
- **To admit error is a humiliation, to apologise is extremely difficult.**
- **Admits his errors by his actions – but cannot say sorry.**
- **Inflexible**, unbending, pillar-of-salt personality.
- Cannot hide feelings of displeasure, critical feelings or disgust – if he says nothing, his silent disapproval is apparent.



GESTURE (Contd...)

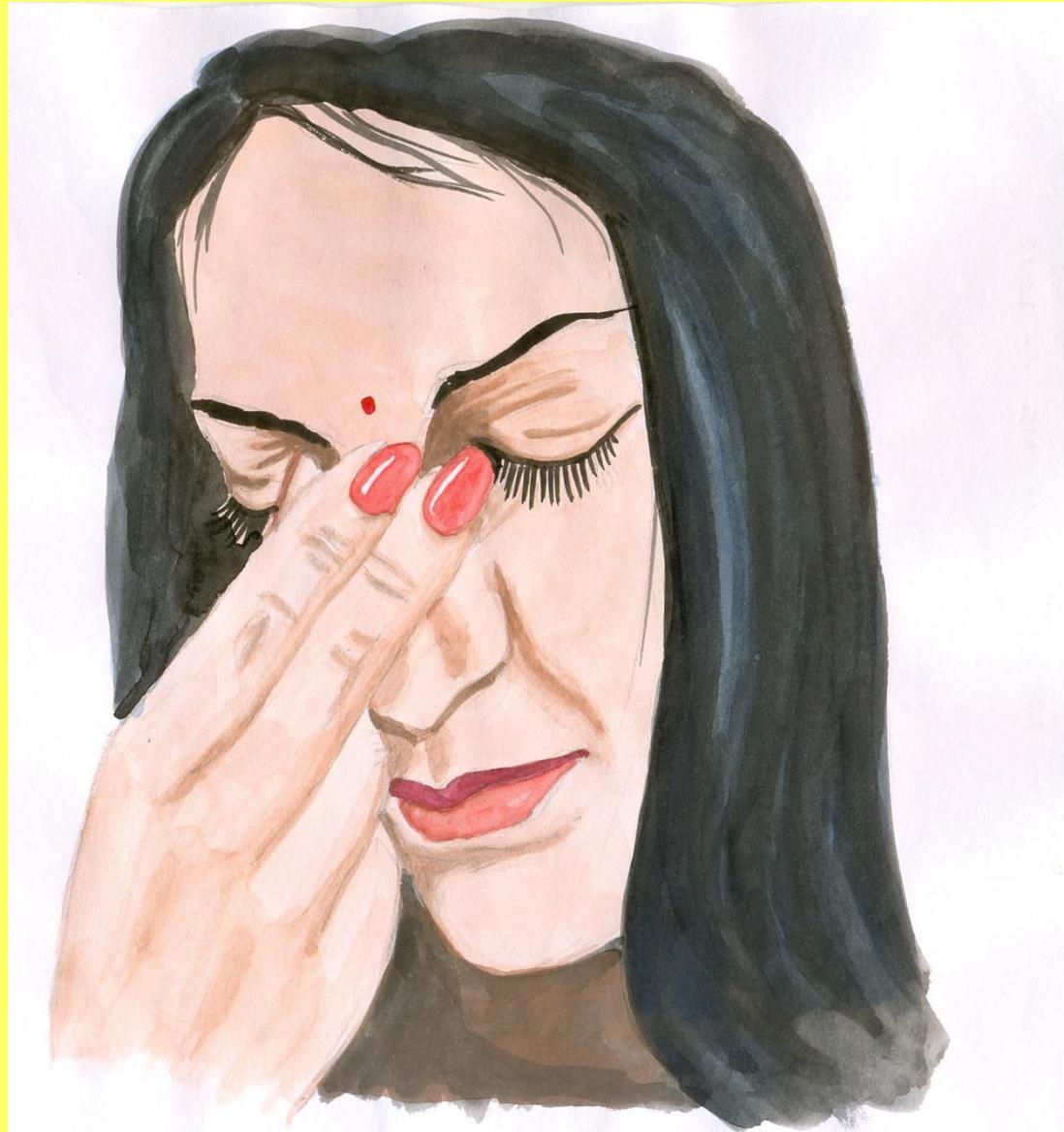
- Inability to pretend.
- Fastidious, perfectionist, always on time.
- **Too serious** and overly proper and responsible
- Serious appearance.
- Practical and unflattering hairstyle.
- **Wears thick, awkward glasses.**
- Face and lips are thin and pinched.
- Skin is pale and fine with blue veins showing.
- **Obsesses with social injustice and inequity.**
- Difficulty expressing anger – retains it, allows it to fester – **mourns the past.**
- Unpredictable behaviour.
- If Nat Mur conceives and aversion, he cannot tolerate that person's presence for a single moment.
- Uses alcohol to loosen inhibition “when I drink I love everyone”.
- **Bites fingernails.**
- **Introverted**, overly serious.



NAT. MUR. RESENTFUL SAD STRESSED

IRRITABILITY, IMPATIENCE

- Projects a “leave me alone” attitude.
- Rejection of sympathy – feels he must go through his difficulties alone, no one can help him.
- Clutch their hand-ups and emotional knots – depressions and neuroses are like a blanket – protective and also smothering.



NAT MUR - GRIEVING -- LOVE

APPEARANCE

- Small.
- Underweight for her age.
- Serious.
- Relatively dark skin.
- Thin neck – long, like a Giraffe.
- Weak, wasted cold clammy hands.
- Fine, thin, translucent.
- **Obesity and oedema (from salt retention).**
- **Neck is long and thin but patient often heavy in thighs and buttocks.**

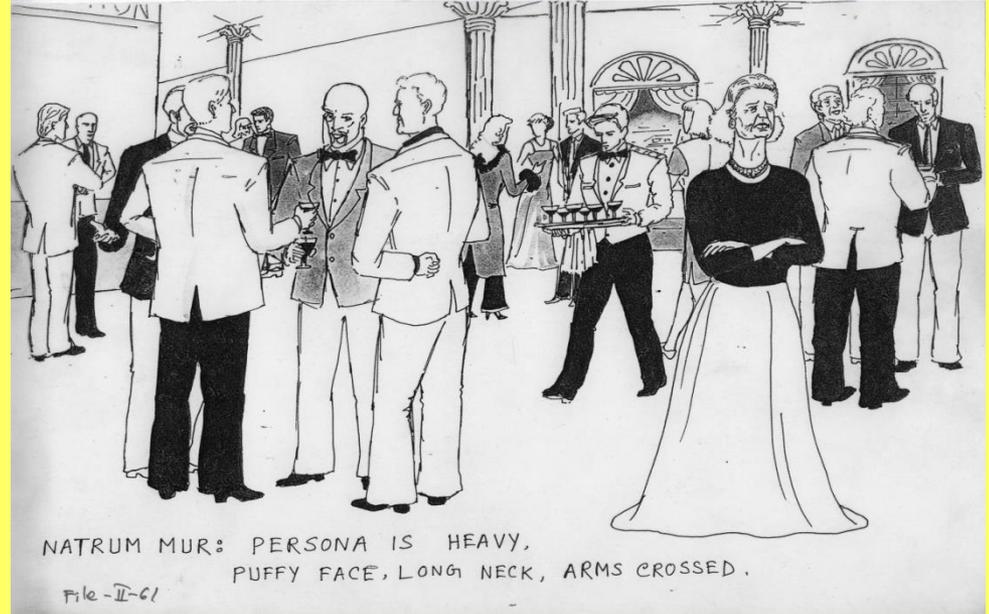


LONG-NECK -- PENDULOUS BODY

BEHAVIOURAL

- Imbalanced.
- Aloof.
- **Not sociable.**
- **Closed.**
- **Withdrawn.**
- Depressed.
- **Screaming.**
- **Fretful.**
- Irritable.
- Awkward.
- Hurried.
- **Clumsy.**





Heavy persona

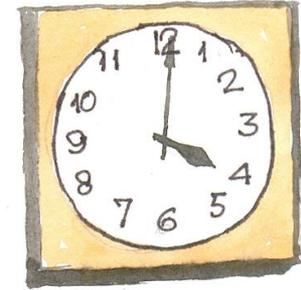
Persona Heavy; Arm Crossed



Face

SLEEP

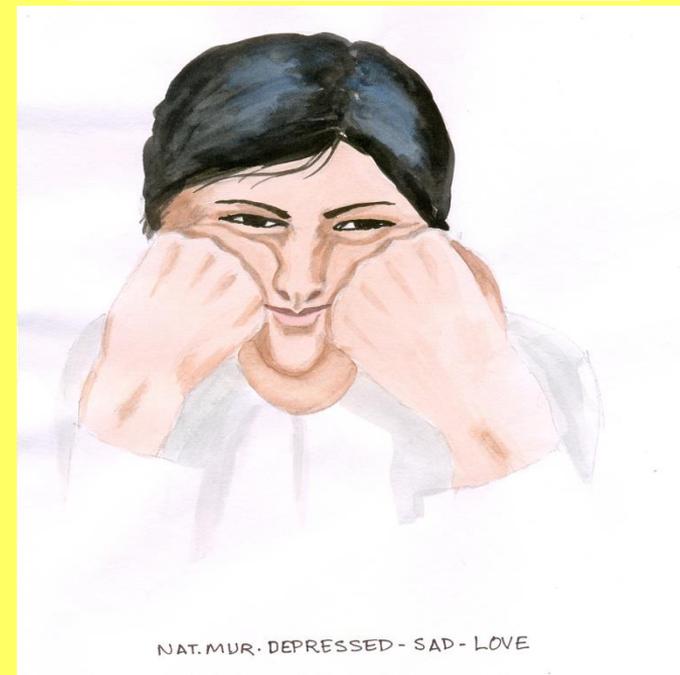
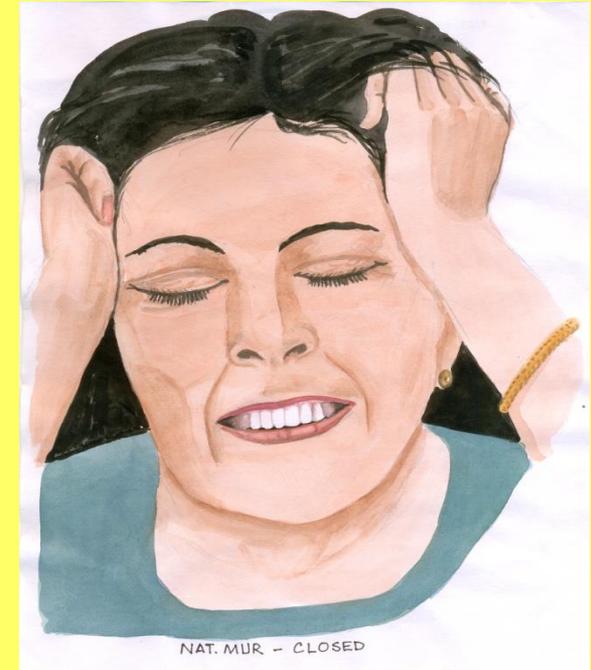
- **Sleepy in forenoon.**
- **Sleepless from grief.**
- **On abdomen.**



NAT. MUR : SLEEPLESS FROM GRIEF

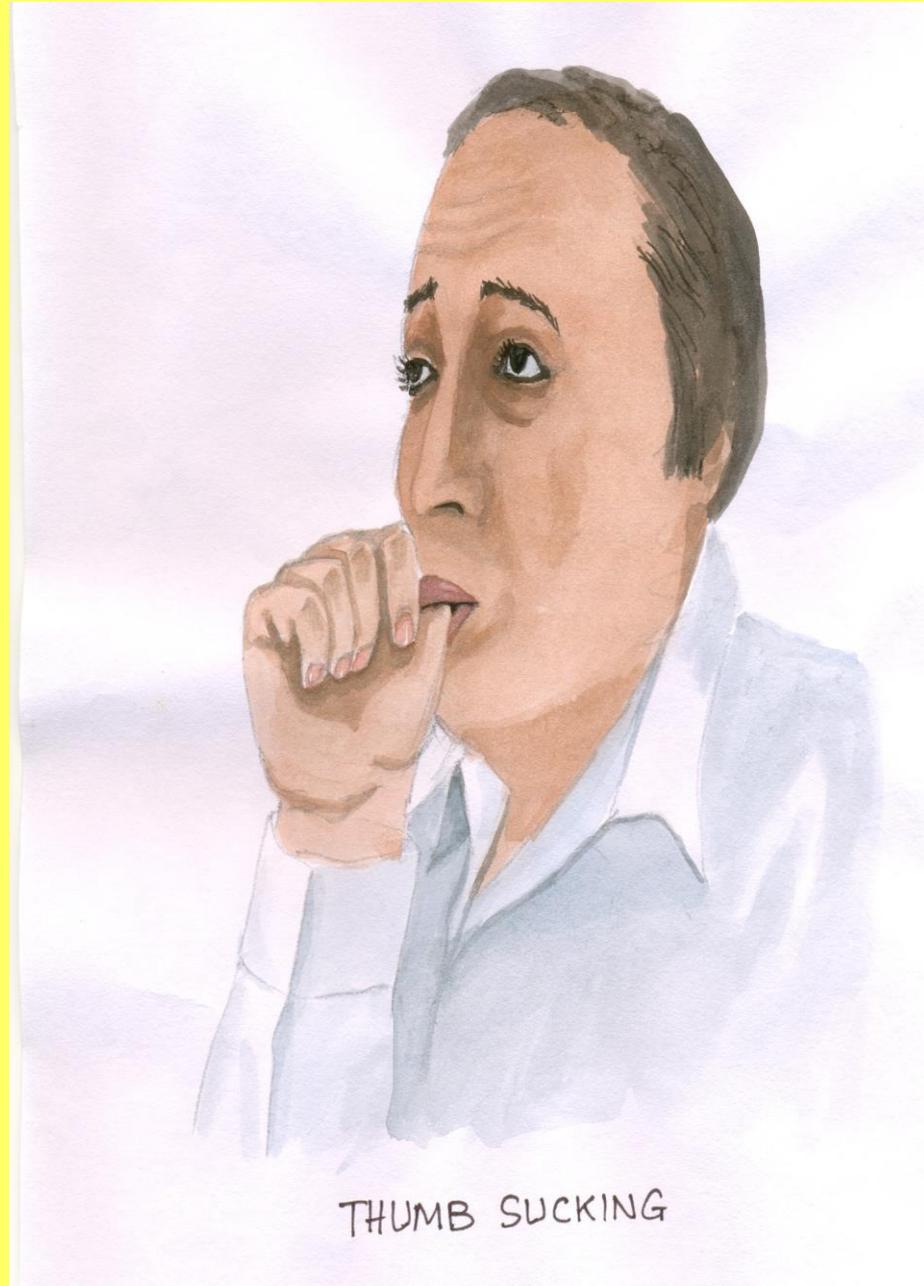
PERSONALITY

- Closed (sad, depressed).
- Resentment.
- Sensitive.
- Vulnerable.
- Loyal.
- Irritable.



LOOK & DIAGNOSE

- Long neck, emaciation proceeds downward.
- Non-communicative: leaning away.
- Firm handshake.
- Hasty.
- Irritable, fretful.
- Awkard, hasty, drops things.
- Sit with arms crossed: defensive.
- Nail biting thumb sucking.
- Shiny, greasy face.
- Chilly.



THUMB SUCKING

Long neck, emaciation
proceeds downward

Non-communi-
cative: leaning
away

Firm
handshake

Chilly

Hasty

Look and
diagnose
(esp. in
child)

Irritable,
fretful

Shiny, greasy
face

Awkard, hasty, drops things

Sit with arms
crossed:
defensive

Nail biting,
thumb sucking



File no: -II-61.

REACTION TO EMOTIONS

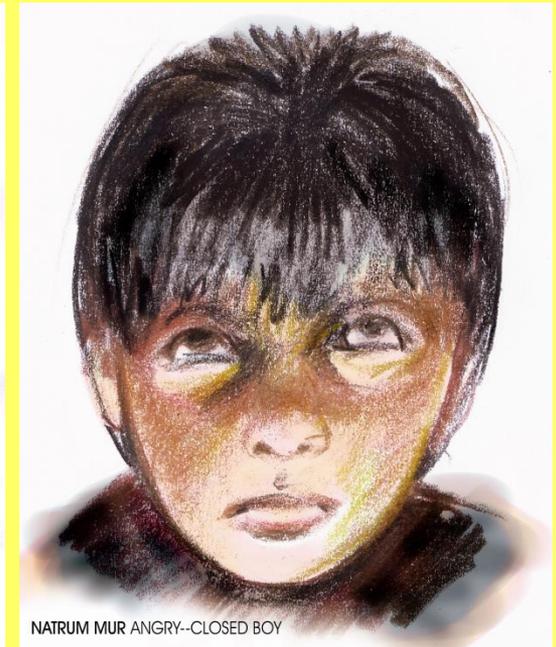
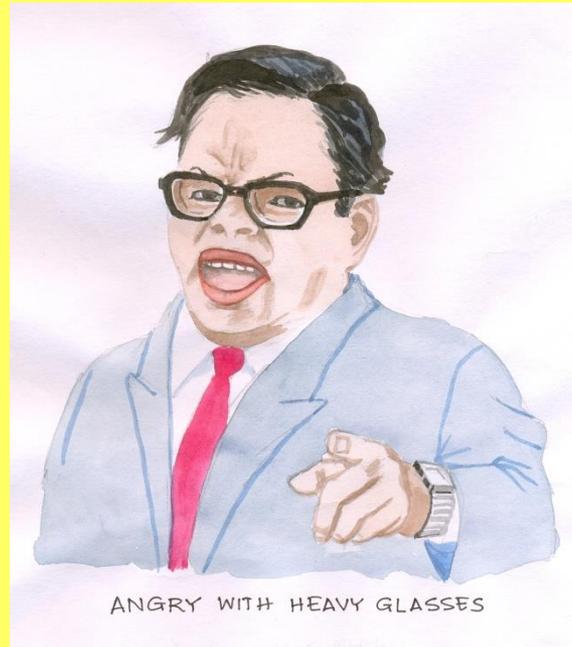
NATRUM MURIATICUM

NATRUM MUR HATRED

- **Grieving or sad mood: Silent**
- **Anxious mood: Before menses.**
- **Aggressive mood: Rage from consolation.**
- **Personality: Resentful.**
- **Envious mood: Hatred & revengeful.**
- **Miserable nature: Indifference to pleasure.**



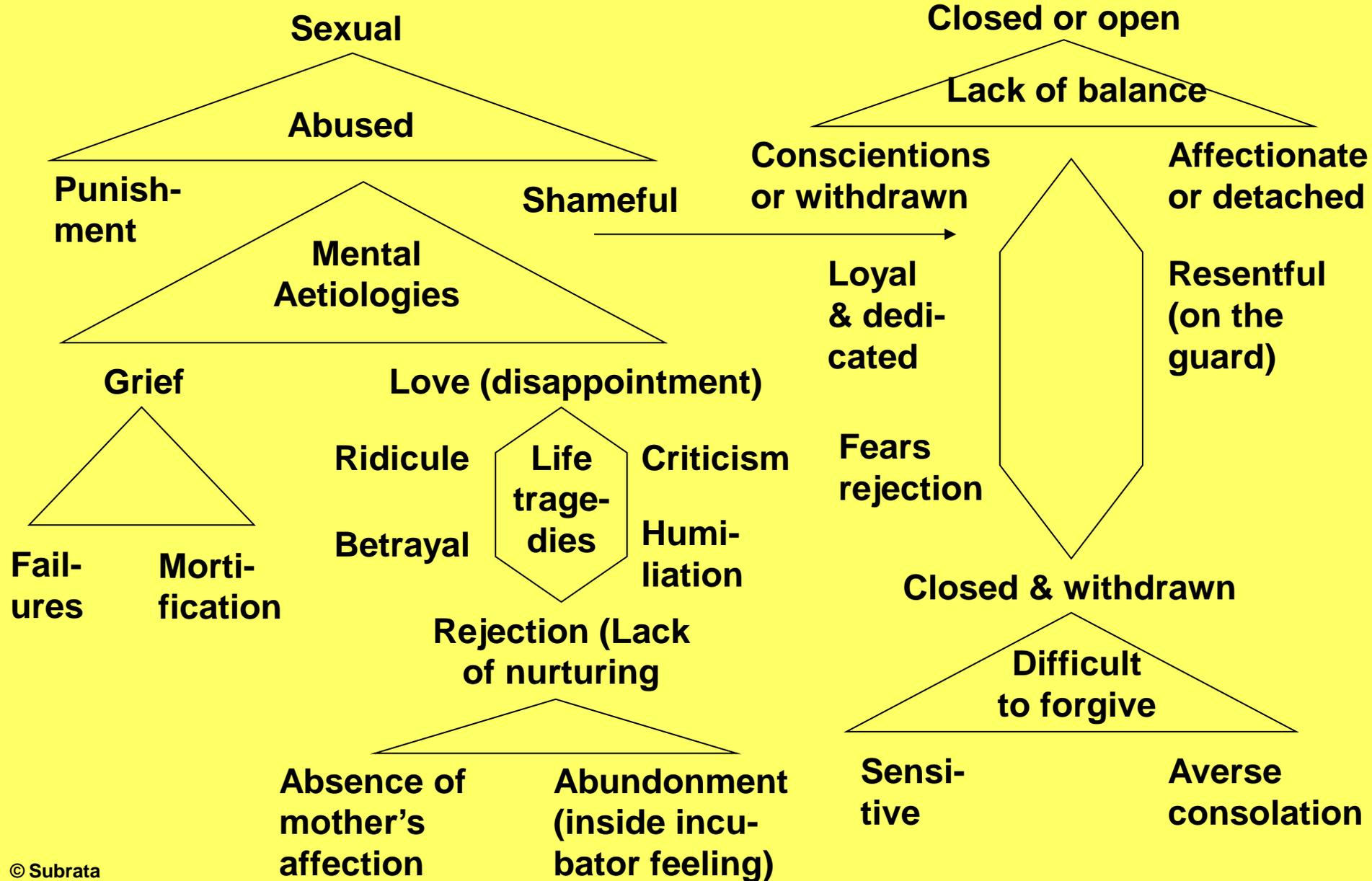
“The entire nervous economy is in a state of fret & irritation”
(Kent)



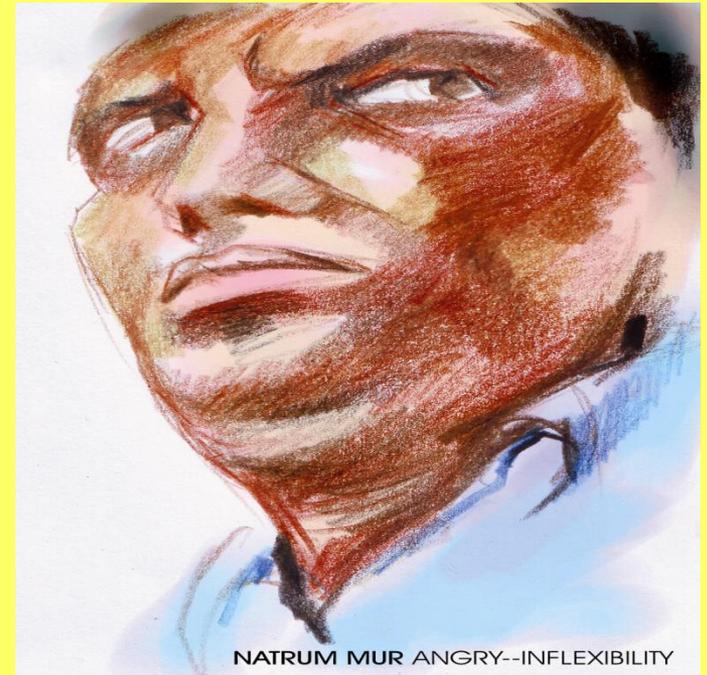
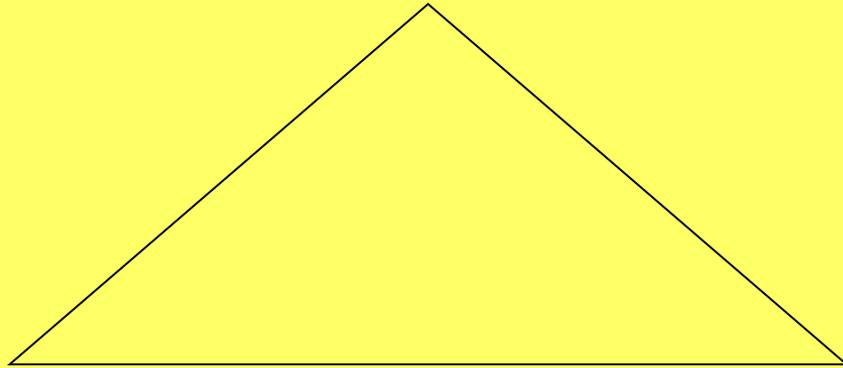
Fret and Irritation

MENTAL AETIOLOGIES

PSYCHIC MANIFESTATIONS



Angry



NATRUM MUR ANGRY--INFLEXIBILITY



Impatient

Over-conscientious

OR

Lack of Interest

Over-affectionate

OR

No interest in people

Fearful & closed

OR

Fearless & open

Not to hurt

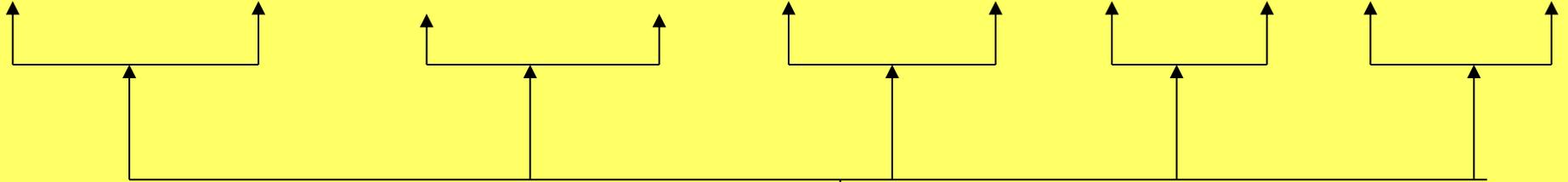
OR

Not to be hurt

To hurt

OR

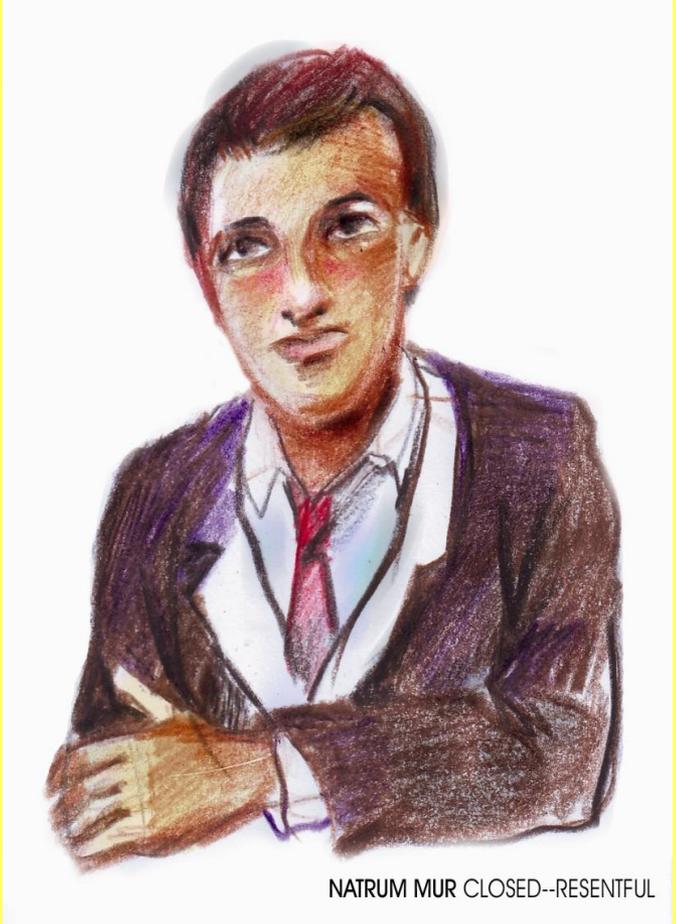
Not to be hurt



Lack of balance



NATRUM MUR CLOSED



NATRUM MUR CLOSED--RESENTFUL

**Closed with
silent grief**

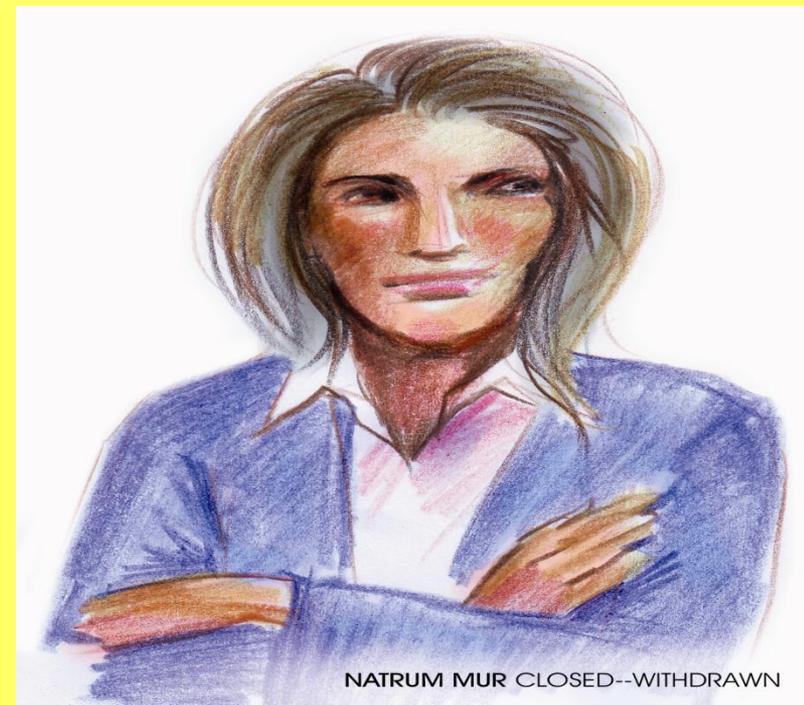
**Bad
effects of
Disappointed
Love**

**Rejection
Resentful**

Sensitive



Closed Sensitive

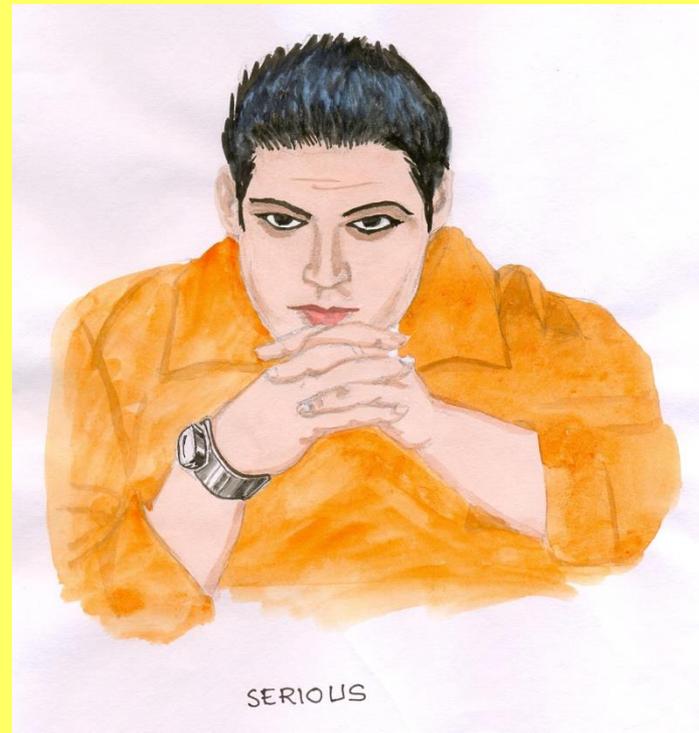


NATRUM MUR CLOSED--WITHDRAWN



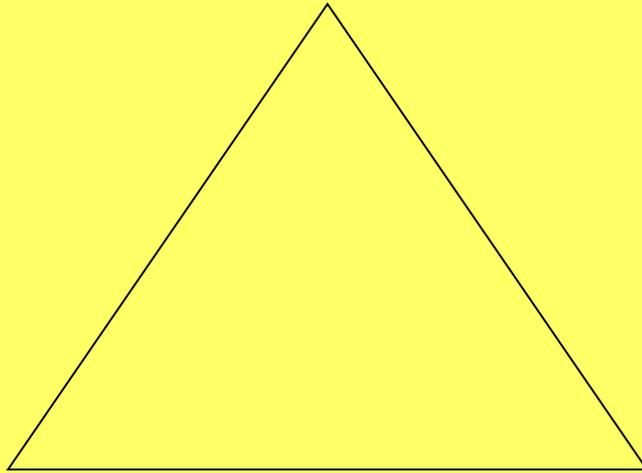
Gesture

Serious



SERIOUS

Defensive



Withdrawn

Closed



LEAVE ME ALONE



NATRUM MUR: "LEAVE ME ALONE"-ATTITUDE; HEAVY PERSONA

Leave me

Love (disappointment)

Ridicule

Criticism

Life
tragedies

Betrayal

Humiliation

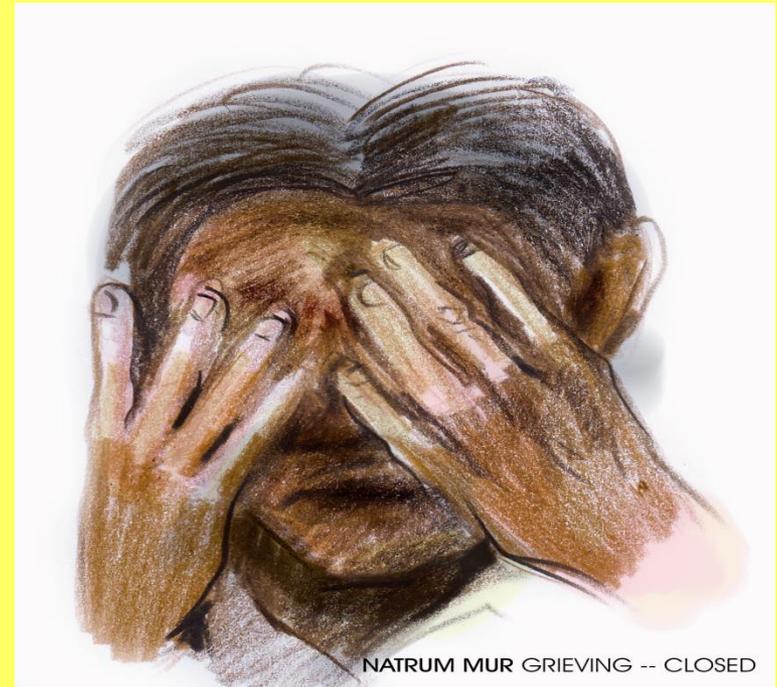
Rejection (Lack of nurturing)

Absence of
mother's
affection

Abandonment
(inside
incubator
feeling



Grief - Silent

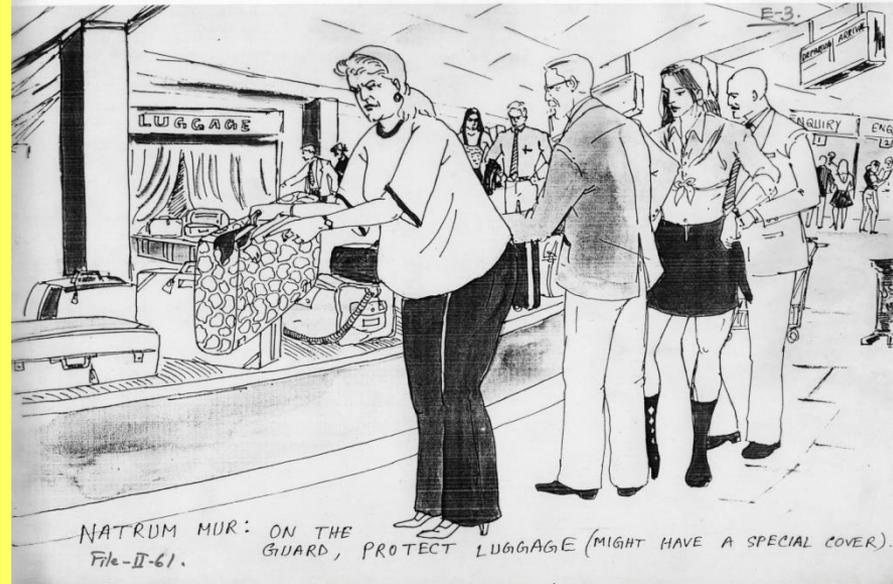


NATRUM MUR GRIEVING -- CLOSED

**Closed or open
(balance)**

**Silent
grief**

**Romantic
& loyal**



Guard - Projects

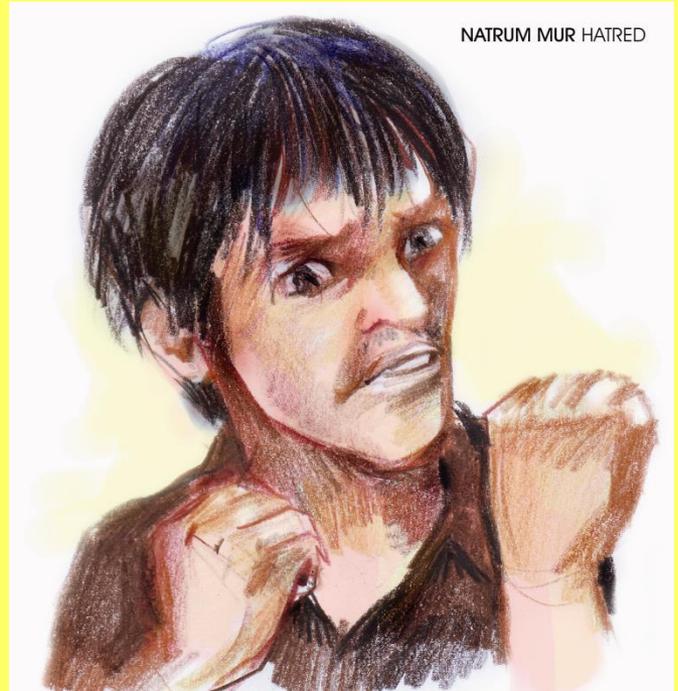
**Guard
(on
the)**

Resentful

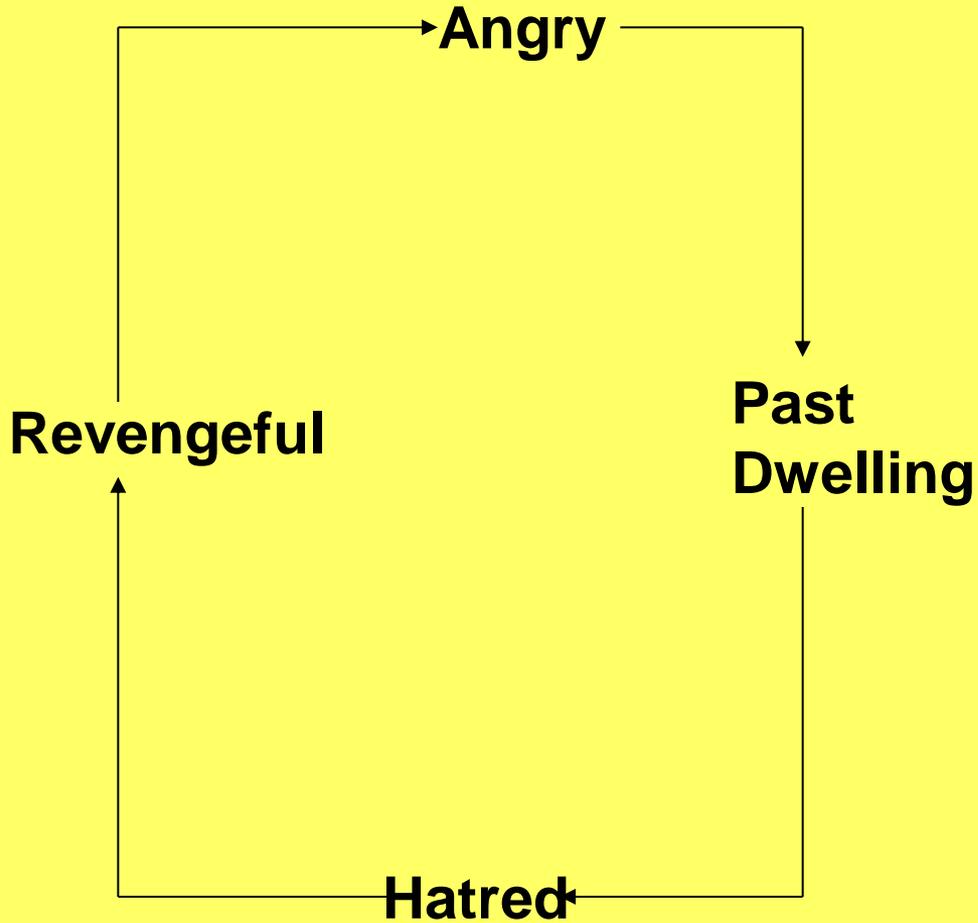


Past dwelling

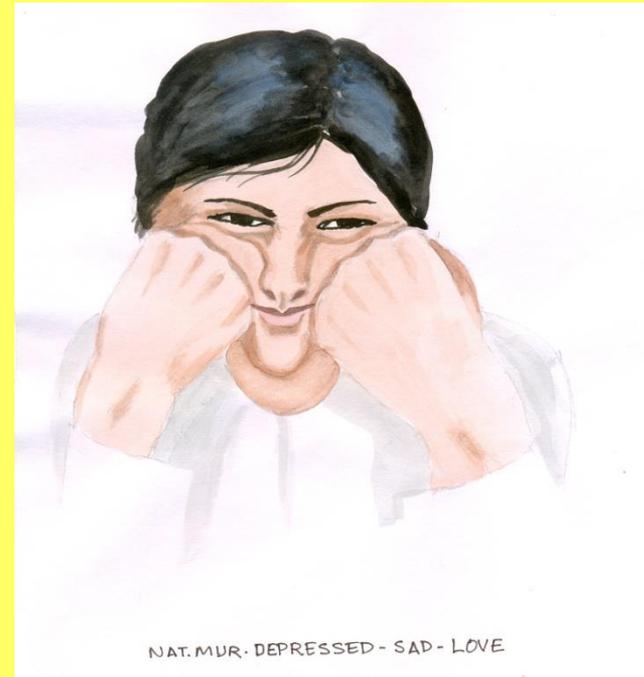
NATRUM MUR HATRED



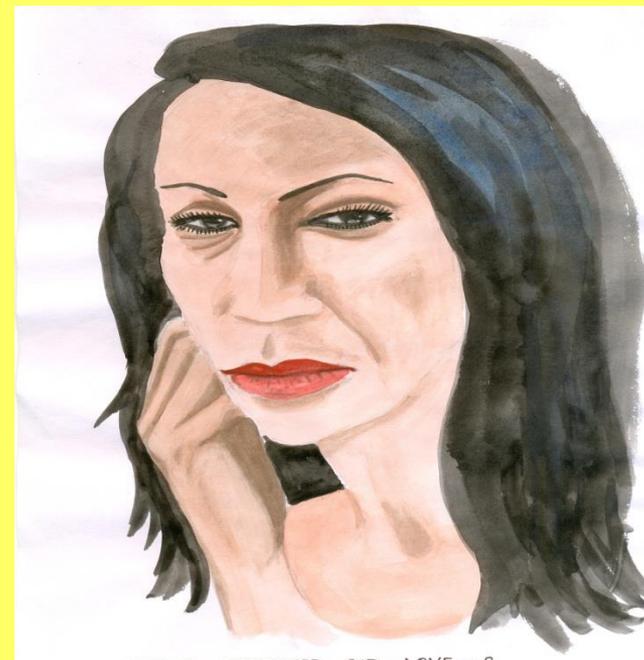
REVENGEFUL -- HATRED



Depressed & Resentful

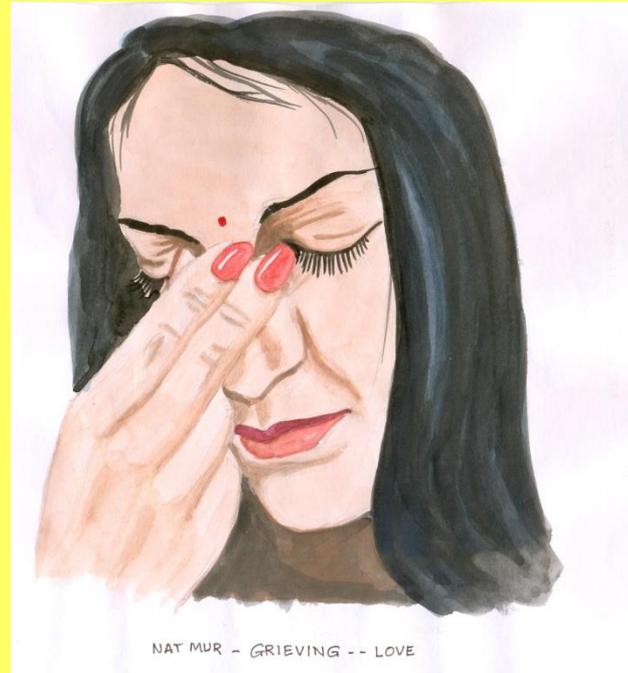


NAT. MUR. - DEPRESSED - SAD - LOVE



NAT. MUR. - DEPRESSED -- SAD -- LOVE -- 2.

Grieving



Fears of rejection

Easily hurt

Desire solitude
(aversion to company)

Averse to consolation

Dwells on past criticism, disappointment, humiliation or rejection

Silent grief
(discuss with reluctance)
[Plays sad music]

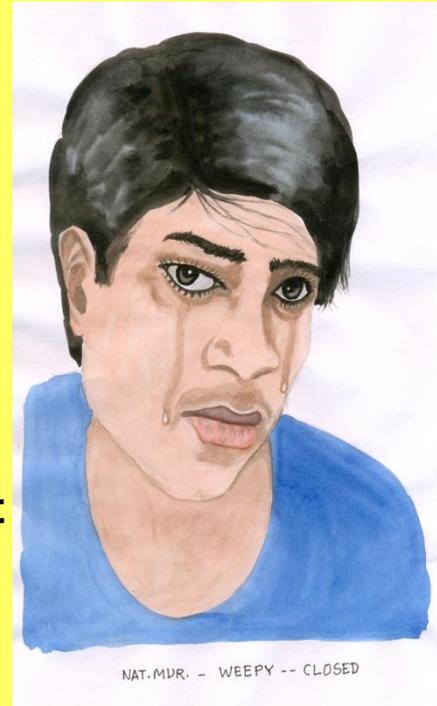
Defensive & Resentful

Loneliness

Recalls old grievances again & again
(difficult to forgive)

Introverted

On the guard
(takes time to open up)



Resentful

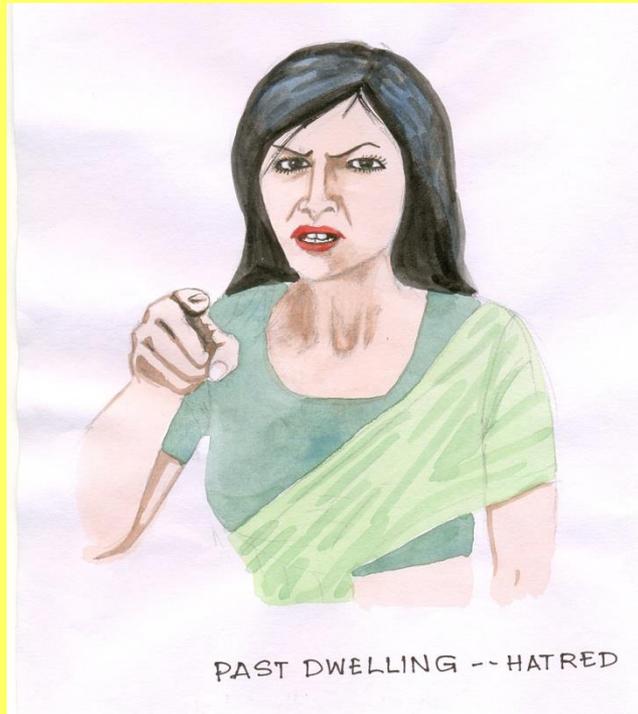


Rejection Dwells



Rejection

Rejection



PAST DWELLING -- HATRED

Repressed

Revengeful

Loss of vital fluid

Loosing
flesh
while
living
well

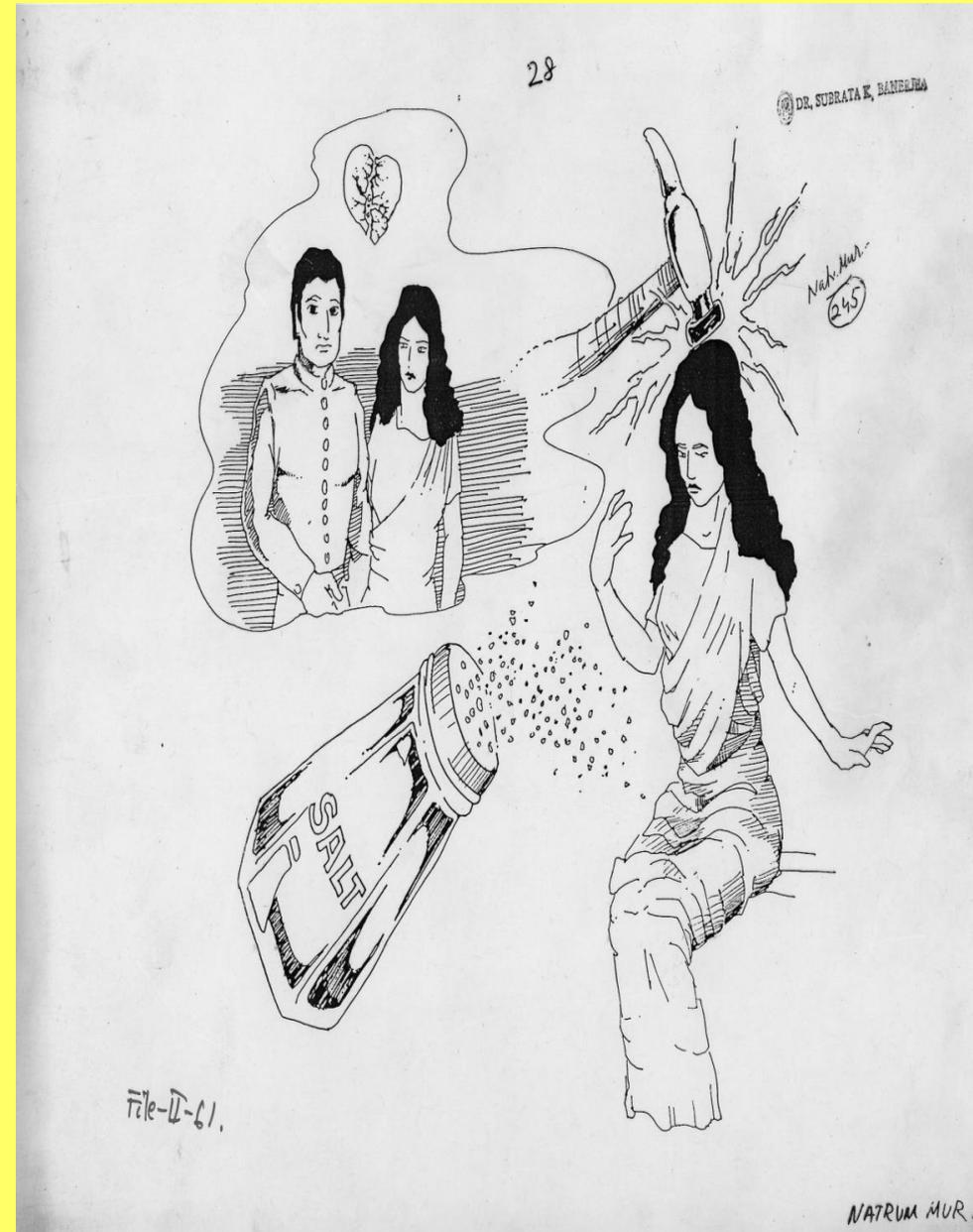
Loss

Loss →
broken
relation-
ship

Loss of
nerve
control:
drops
things

Loss of
control of
sphincter
urethrae
(stress
incontinence)

Loss of immunity →
catches cold easily



Physical Summary

**Bladder → urine →
involuntary on
coughing, laughing**

**Mile stone
→ delayed
→ as if
organs are
weak**

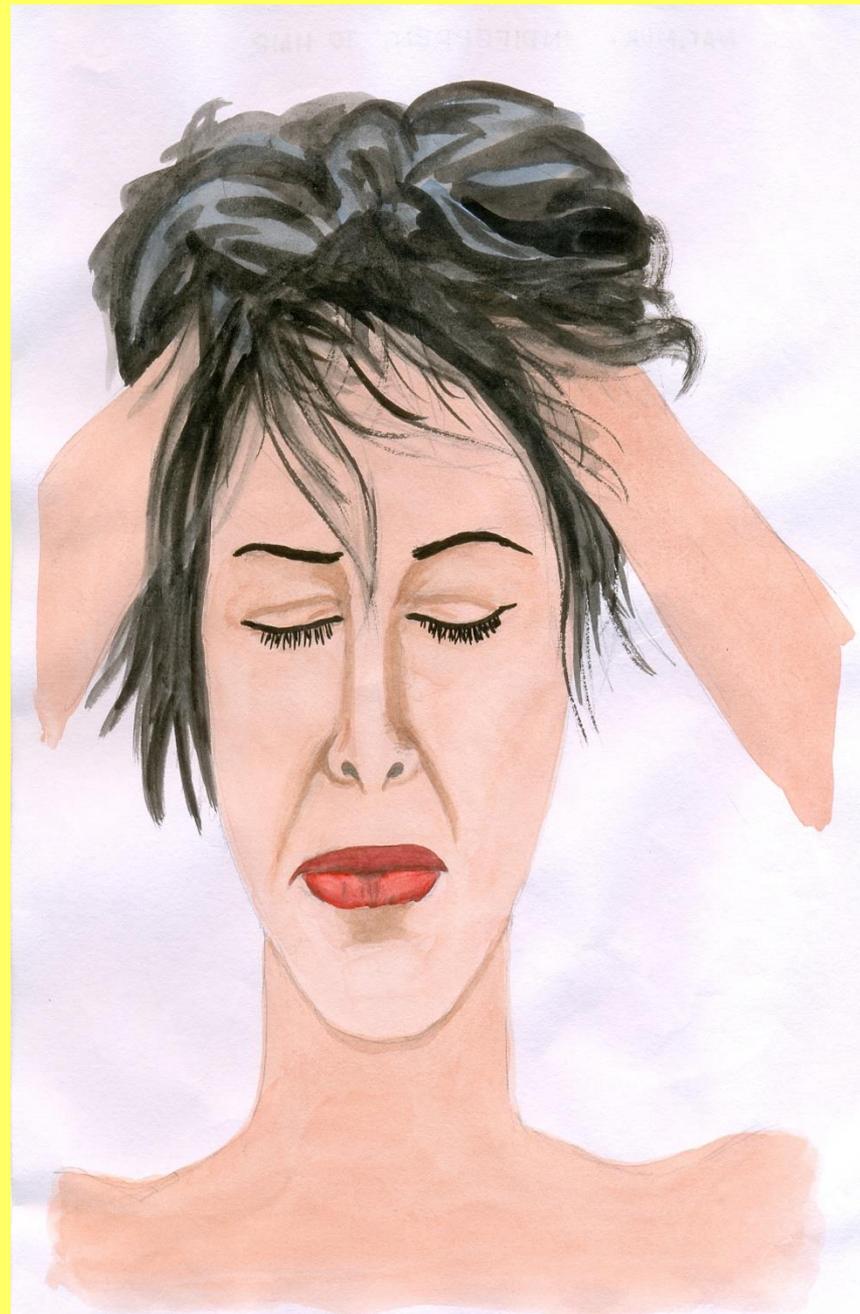
**Eye → on
coughing:
flow of
tears**

Relaxation

**Seminal
emission
→ relaxed
→ delayed**

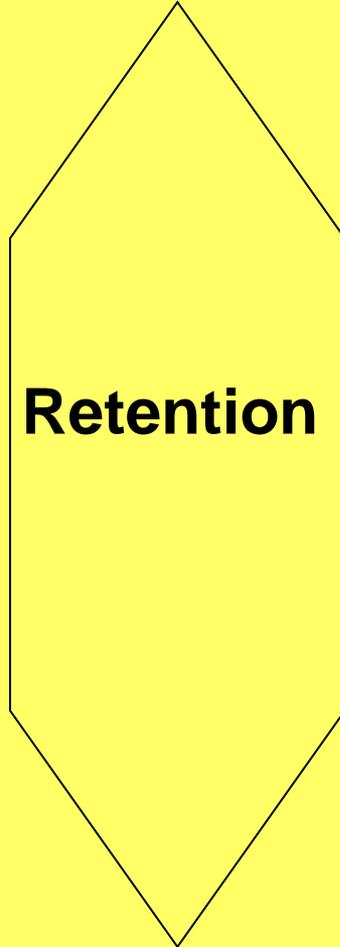
**Hair falls
out when
touched, in
nursing
women**

**Lachrymation: tears stream
down, on coughing**



INDIFFERENT TO HAIR

Dropsy



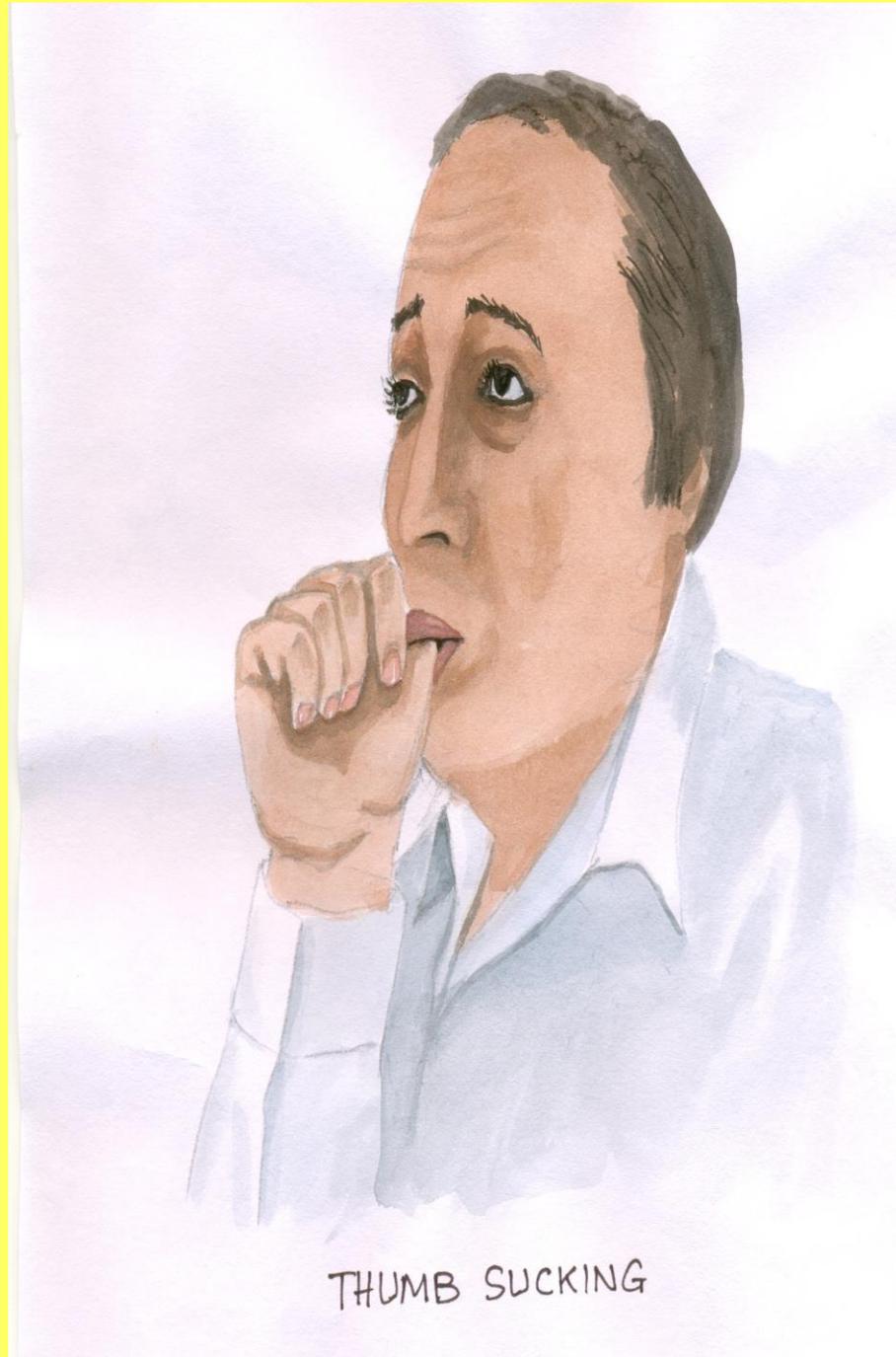
**Retention
of uric
acid:
gout**

**Retention
of grief:
sadness:
tired of
life**

**Introvert:
grief, can
not cry**

**Consti-
pation**

**Urine: retention: has to
wait a long time if
others are present**



THUMB SUCKING

THANK YOU!