

# **BEHAVIOURAL MATERIA MEDICA: NATRUM MUR**

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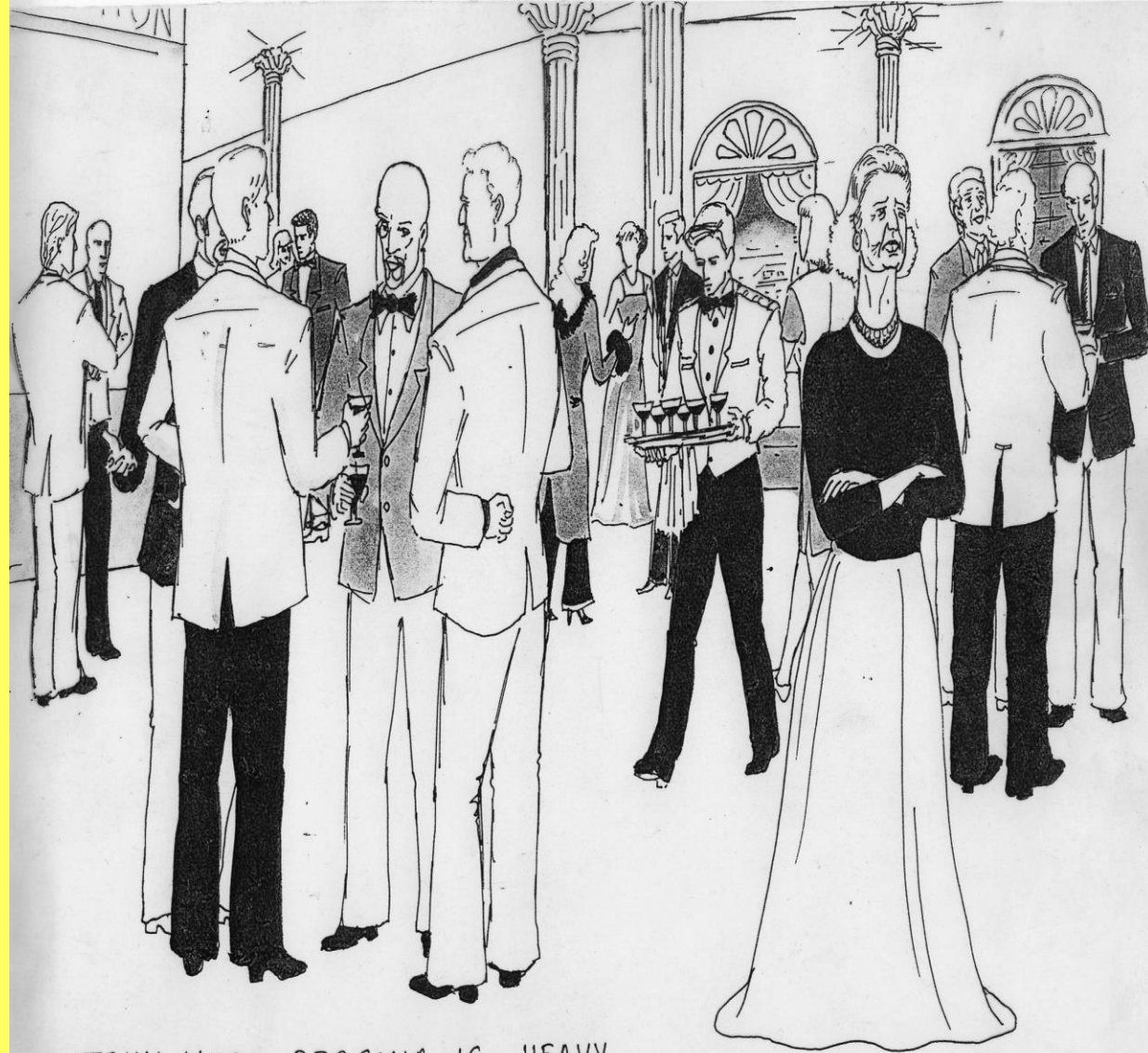
# FACE

- Heavy persons.
- Greasy.
- Withdrawn.
- Pale, puffy (due to Sodium Stagnation).
- Dry looking, **wrinkled** (Due to NaCl depletion).
- Greasy, shiny sweaty.
- Oily, shiny, as if greased.
- Old looking.



# HANDSHAKES

- Sit with their arms crossed – defensively in interview.



NATRUM MUR: PERSONA IS HEAVY,  
PUFFY FACE, LONG NECK, ARMS CROSSED.

File-II-61



# LIPS

- Dry with crack in center (esp. upper lip).



NAT. MUR : LIP CRACK

# VOICE

- Low pitched, not clear.
- **Sensitive to noise, high pitched music.**
- Indifferent to dress, hair disarray; unfashionable clothes. Speech – confused.

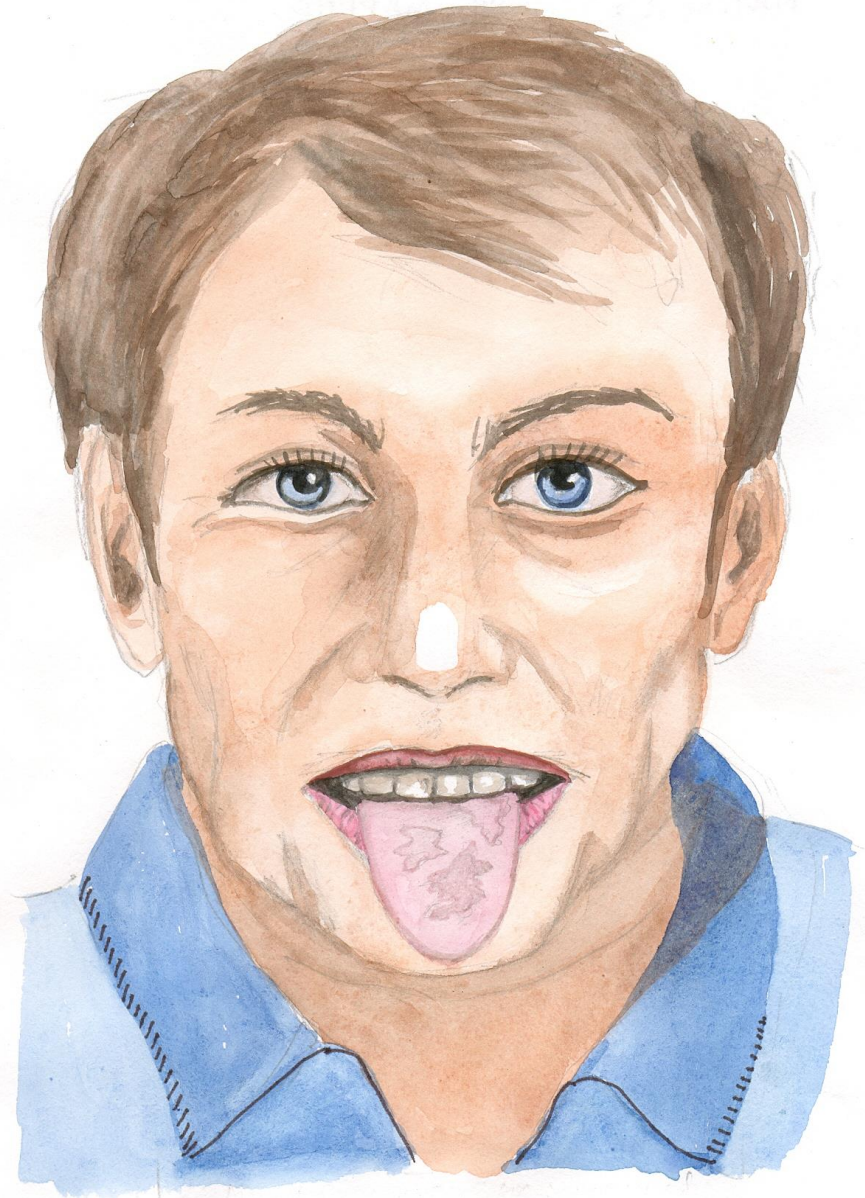


ANGRY WITH HEAVY GLASSES



# TONGUE

- Geographical or mapped. Frothy coating on tongue, with bubbles on side. Sense of dryness.
- Numbness, tingling of tongue, lips and nose. Visicles and burning on tongue, as if there was a hair on it.
- **Tongue mapped** [Ars.; Rhus; Tarax] Loss of taste.



NAT. MUR : TONGUE : MAPPED

# DRESS

- Dark.
- Non-attractive (giving message: Don't come near me).
- Indifferent to dress, hair disarray, unfashionable clothes.
- Wears thick, awkward glasses.





# NAIL

- **Thick, corrugated with ridges (Sycotic). Hangnails; ingrowing toe nails. Twitching – sensation.**





# MAKING APPOINTMENT

- Will reflect a “closed” aspect while making the appointment.
- Inflexibility, wants Saturday at 6 p.m. appointment.
- Will appear on time on the day of appointment!
- After 1 year of your treatment, may open her feelings more freely and be a very loyal patient of yours!



NAT. MUR - CLOSED

# SIT & BEHAVE

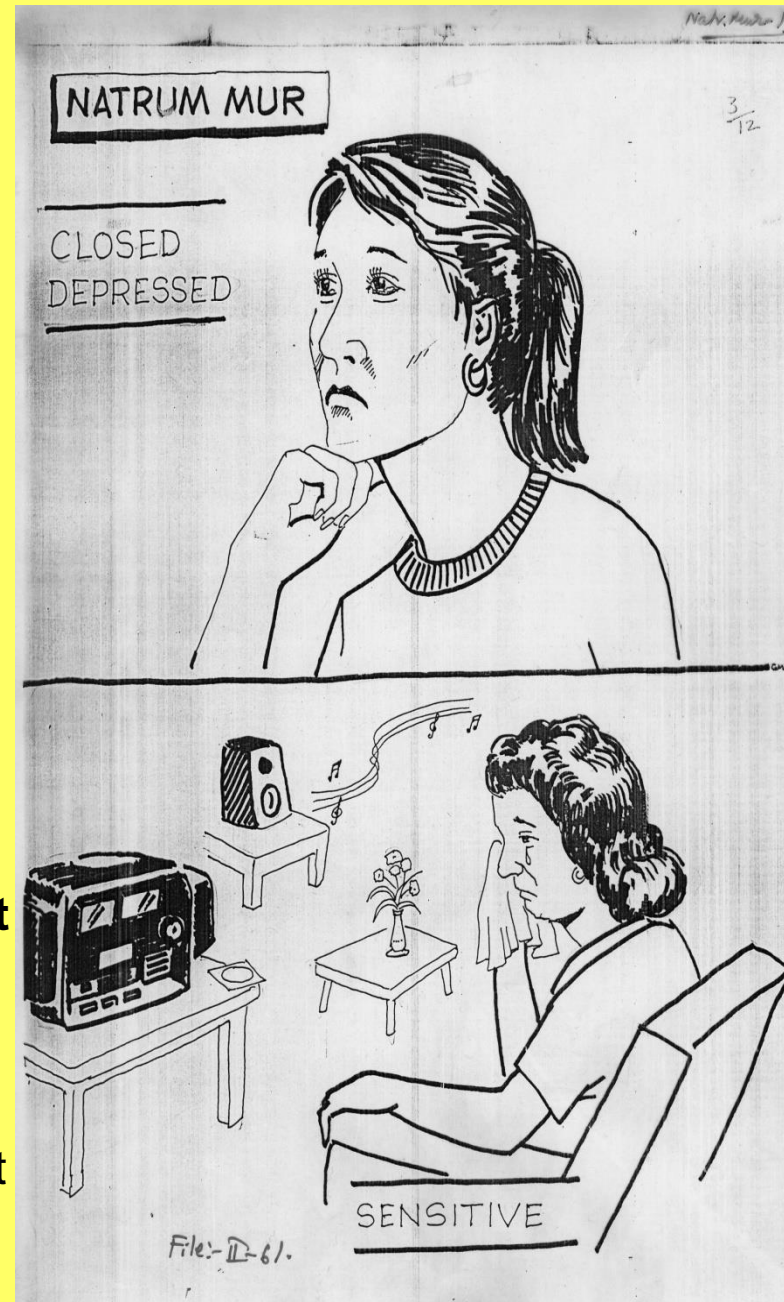
- Leaning back.
- Closed.
- Arms crossed non interested attitude.
- Sits there with crossed hands clasped tightly to the chest, holding in his anger, resentment or unhappiness.





# GESTURE

- Pendulous abdomen, suspended from a narrow strip of a throat on which is mounted a head.
- Persona is 'heavy'.
- Non-communicative, hides.
- Leaning away from the physician.
- Kleptomania, **thumb-sucking**.
- Children suck their thumb and bite their nails, children who are **afraid of worms & small animals**.
- Indifferent to dress, hair disarray, unfashionable clothes.
- To admit error is a humiliation, to apologise is extremely difficult.
- Admits his errors by his actions – but cannot say sorry.
- **Inflexible**, unbending, pillar-of-salt personality.
- Cannot hide feelings of displeasure, critical feelings or disgust – if he says nothing, his silent disapproval is apparent.



# GESTURE (Contd...)

- Inability to pretend.
- Fastidious, perfectionist, always on time.
- **Too serious** and overly proper and responsible
- Serious appearance.
- Practical and unflattering hairstyle.
- **Wears thick, awkward glasses.**
- Face and lips are thin and pinched.
- Skin is pale and fine with blue veins showing.
- **Obsesses with social injustice and inequity.**
- Difficulty expressing anger – retains it, allows it to fester – **mourns the past.**
- Unpredictable behaviour.
- If Nat Mur conceives and aversion, he cannot tolerate that person's presence for a single moment.
- Uses alcohol to loosen inhibition "when I drink I love everyone".
- **Bites fingernails.**
- **Introverted**, overly serious.



NAT. MUR. RESENTFUL SAD STRESSED



# IRRITABILITY, IMPATIENCE

- Projects a “leave me alone” attitude.
- Rejection of sympathy – feels he must go through his difficulties alone, no one can help him.
- Clutch their hand-ups and emotional knots – depressions and neuroses are like a blanket – protective and also smothering.



NAT MUR - GRIEVING -- LOVE

# APPEARANCE

- Small.
- Underweight for her age.
- Serious.
- Relatively dark skin.
- Thin neck – long, like a Giraffe.
- Weak, wasted cold clammy hands.
- Fine, thin, translucent.
- **Obesity and oedema (from salt retention).**
- **Neck is long and thin but patient often heavy in thighs and buttocks.**



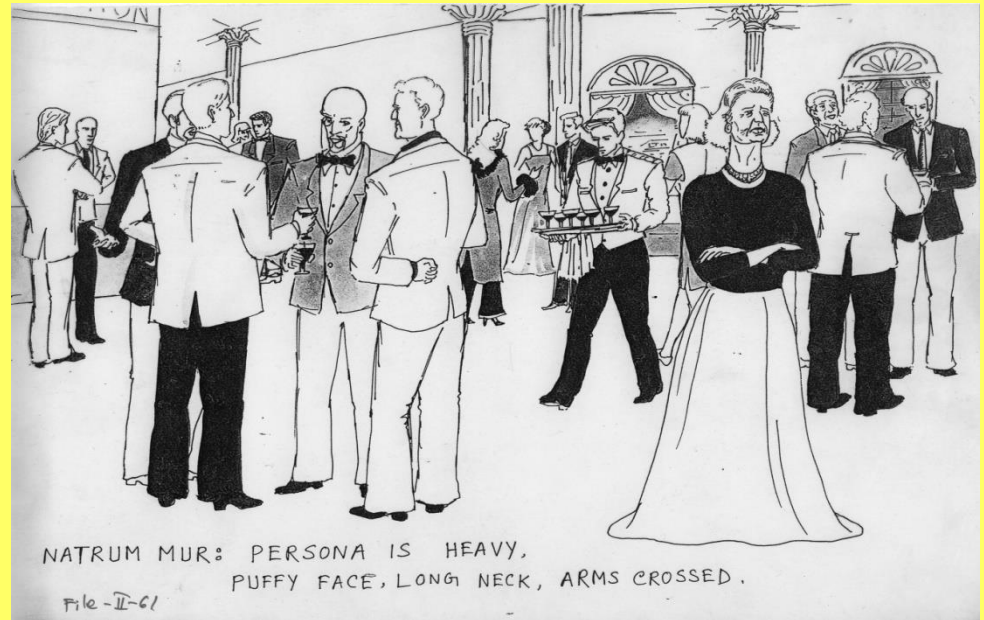


# BEHAVIOURAL

- Imbalanced.
- Aloof.
- **Not sociable.**
- **Closed.**
- **Withdrawn.**
- Depressed.
- **Screaming.**
- **Fretful.**
- Irritable.
- Awkward.
- Hurried.
- **Clumsy.**



# Heavy persona



## Persona Heavy; Arm Crossed

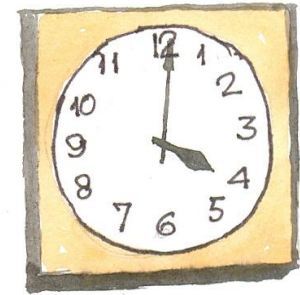


## Face



# SLEEP

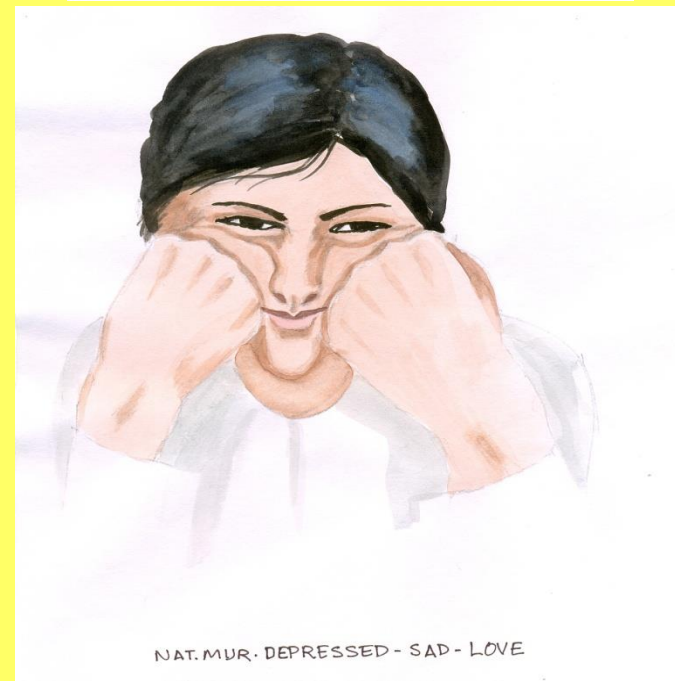
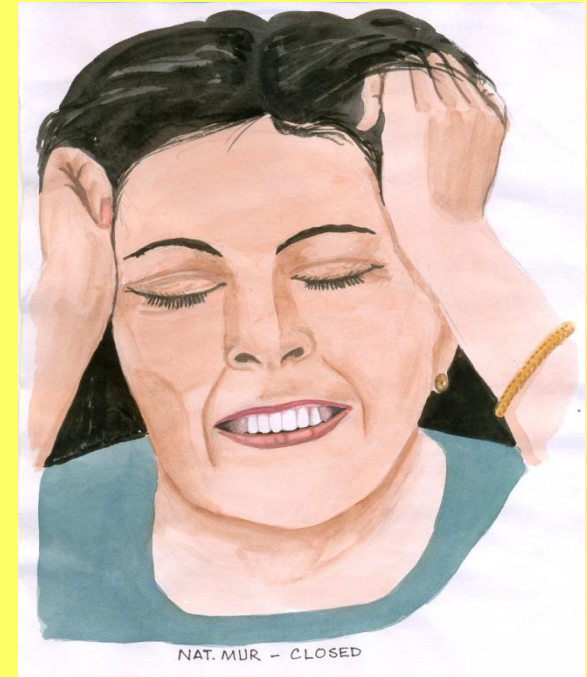
- Sleepy in forenoon.
- Sleepless from grief.
- On abdomen.



NAT. MUR : SLEEPLESS FROM GRIEF

# PERSONALITY

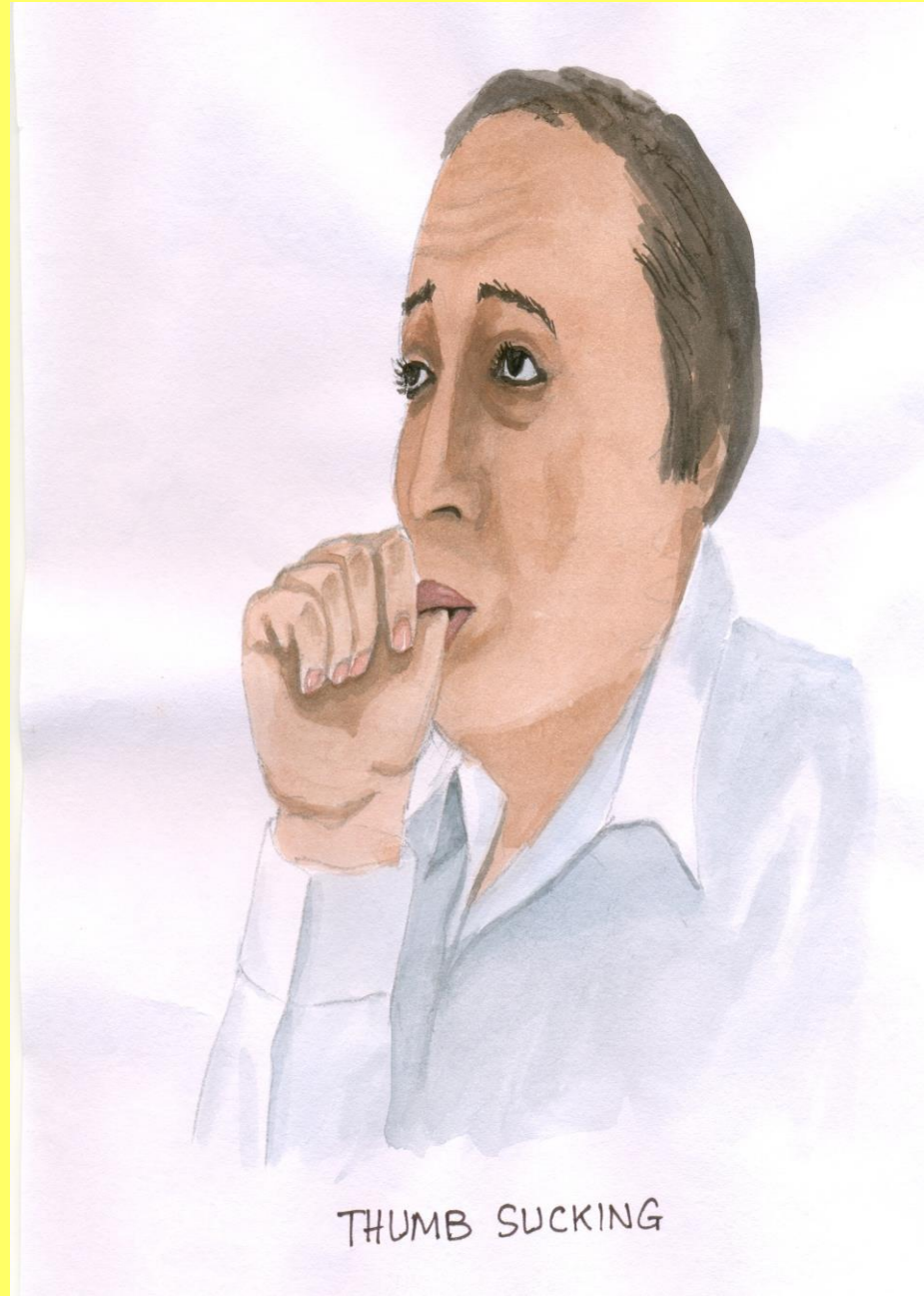
- Closed (sad, depressed).
- Resentment.
- Sensitive.
- Vulnerable.
- Loyal.
- Irritable.





# LOOK & DIAGNOSE

- Long neck, emaciation proceeds downward.
- Non-communicative: leaning away.
- Firm handshake.
- Hasty.
- Irritable, fretful.
- Awkard, hasty, drops things.
- Sit with arms crossed: defensive.
- Nail biting thumb sucking.
- Shiny, greasy face.
- Chilly.



THUMB SUCKING

Long neck, emaciation  
proceeds downward

Non-communi-  
cative: leaning  
away

Firm  
handshake

Chilly

Hasty

Look and  
diagnose  
(esp. in  
child)

Shiny, greasy  
face

Irritable,  
fretful

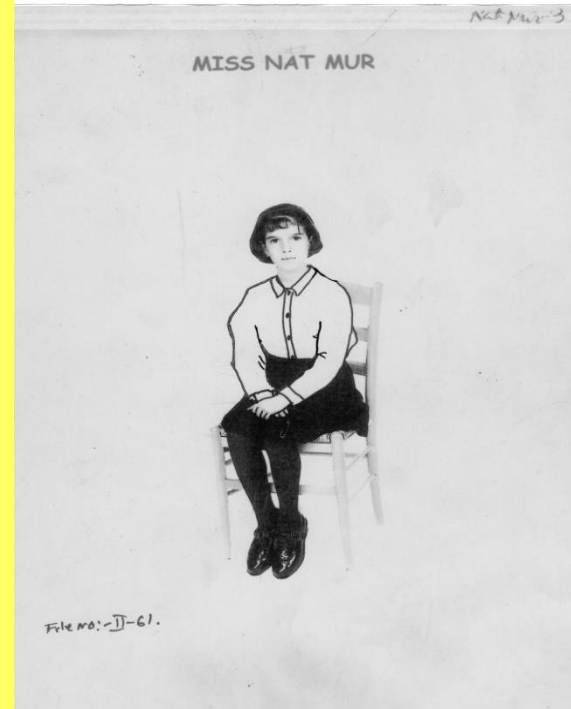
Awkard, hasty, drops things

Sit with arms  
crossed:  
defensive

Nail biting,  
thumb sucking



LONG-NECK -- PENDULOUS BODY



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# REACTION TO EMOTIONS

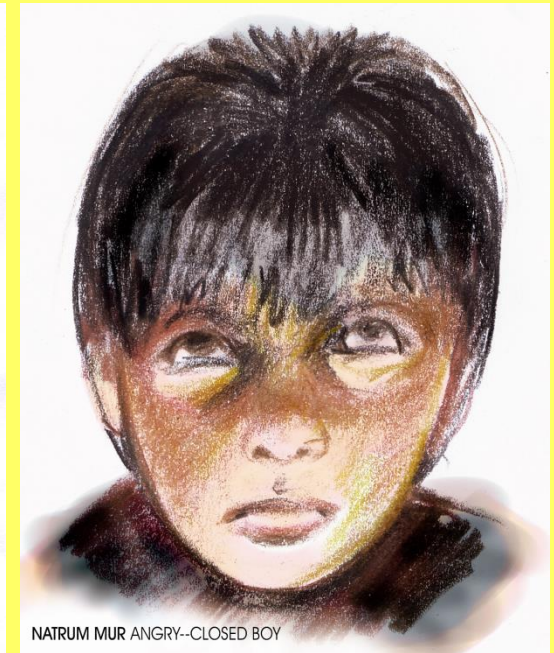
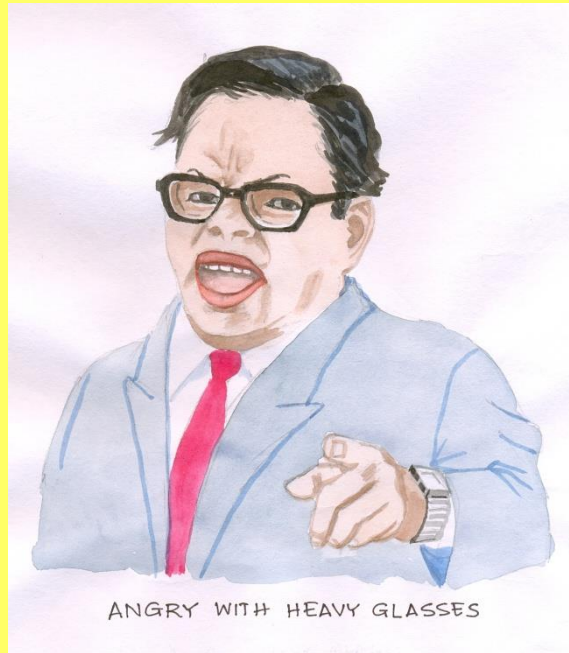
NATRUM MURIATICUM

NATRUM MUR HATRED

- **Grieving or sad mood: Silent**
- **Anxious mood: Before menses.**
- **Aggressive mood: Rage from consolation.**
- **Personality: Resentful.**
- **Envious mood: Hatred & revengeful.**
- **Miserable nature: Indifference to pleasure.**

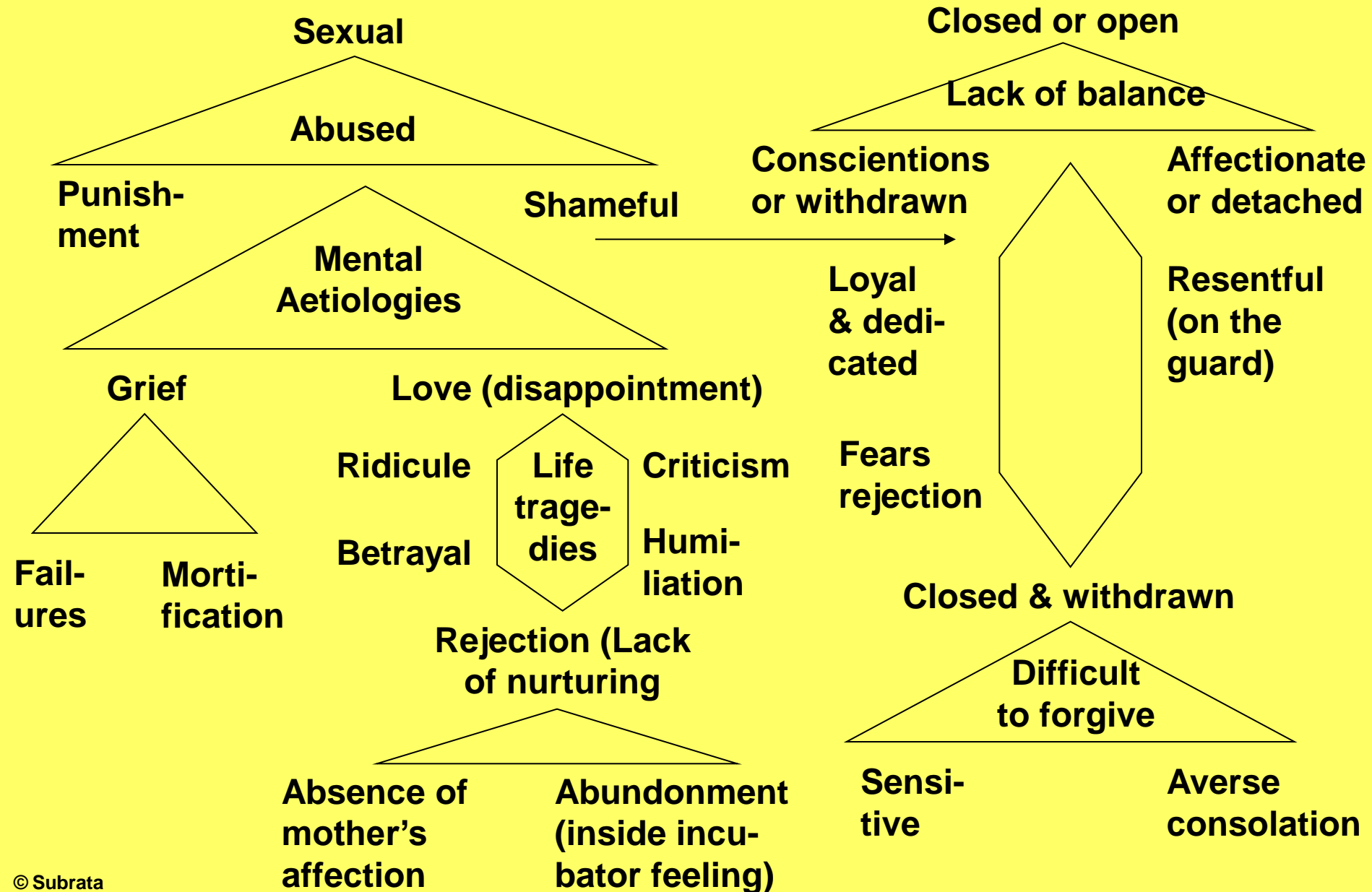


**“The entire nervous economy is in a state of fret & irritation”  
(Kent)**



**Fret and Irritation**



**MENTAL AETIOLOGIES****PSYCHIC MANIFESTATIONS**

**Angry**



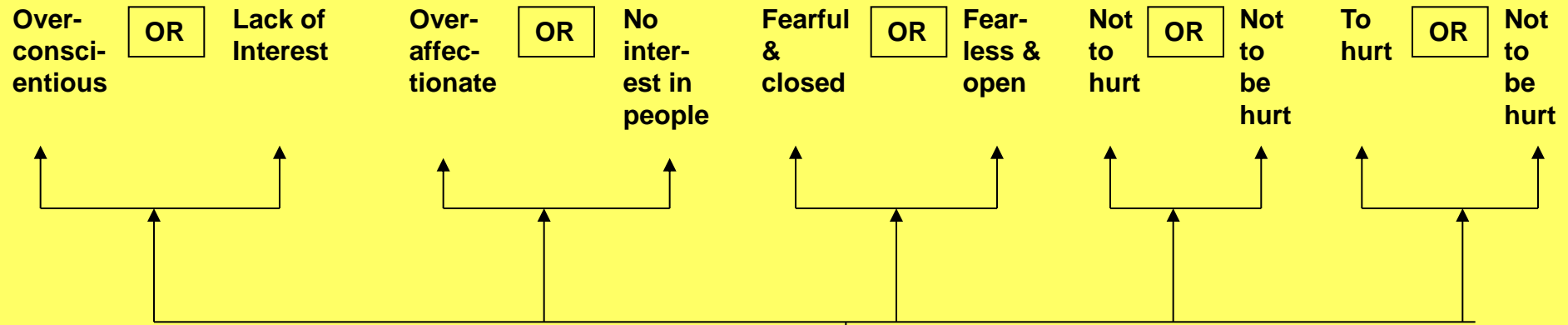
NATRUM MUR ANGRY--INFLEXIBILITY

**Vulnerable      Impatient**



**Impatient**





Lack of balance



NATRUM MUR CLOSED



NATRUM MUR CLOSED--RESENTFUL

**Closed with  
silent grief**

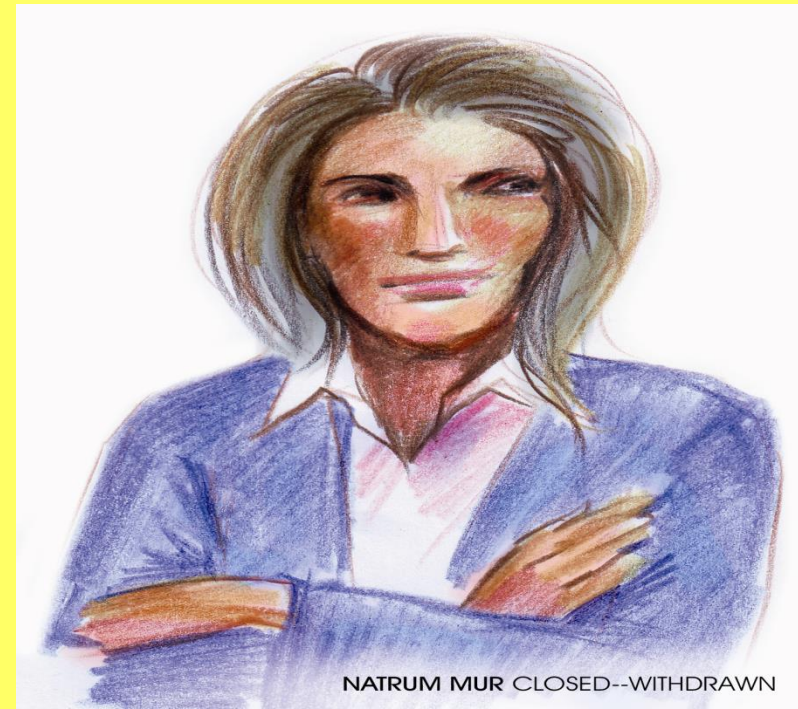
**Bad  
effects of  
Disappointed  
Love**

**Rejection  
Resentful**

**Sensitive**



**Closed Sensitive**



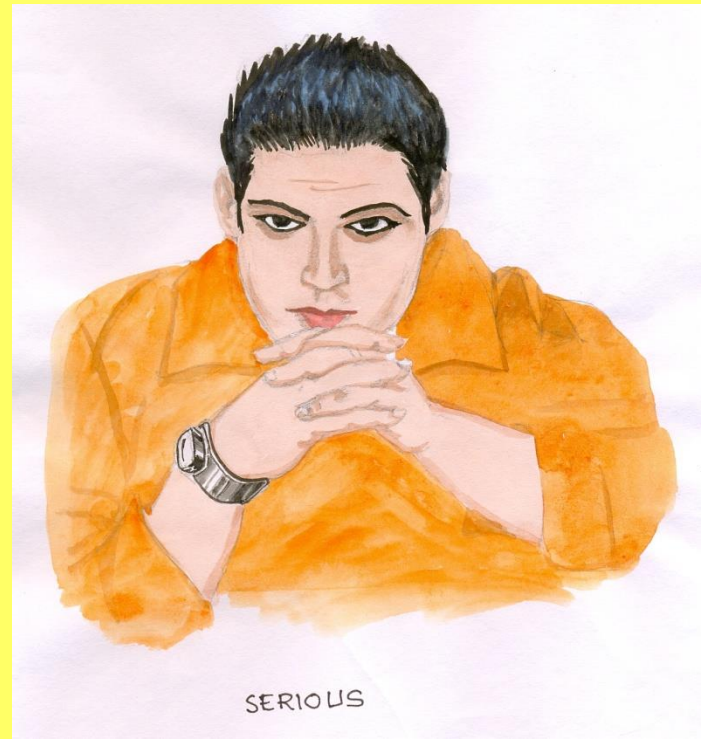
**NATRUM MUR CLOSED--WITHDRAWN**



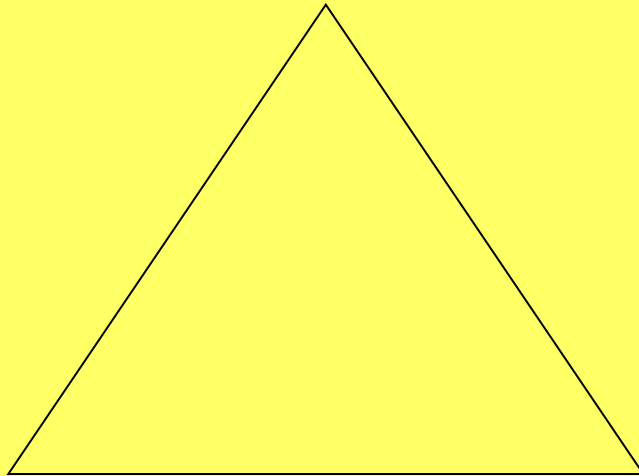


**Gesture**

**Serious**



**Defensive**



**Withdrawn**

**Closed**



**Leave me**



**Love (disappointment)**

**Ridicule**

**Criticism**

**Betrayal**

**Humiliation**

**Life  
tragedies**

**Rejection (Lack of nurturing)**

**Absence of  
mother's  
affection**

**Abandonment  
(inside  
incubator  
feeling**



**Grief - Silent**



**Closed or open  
(balance)**

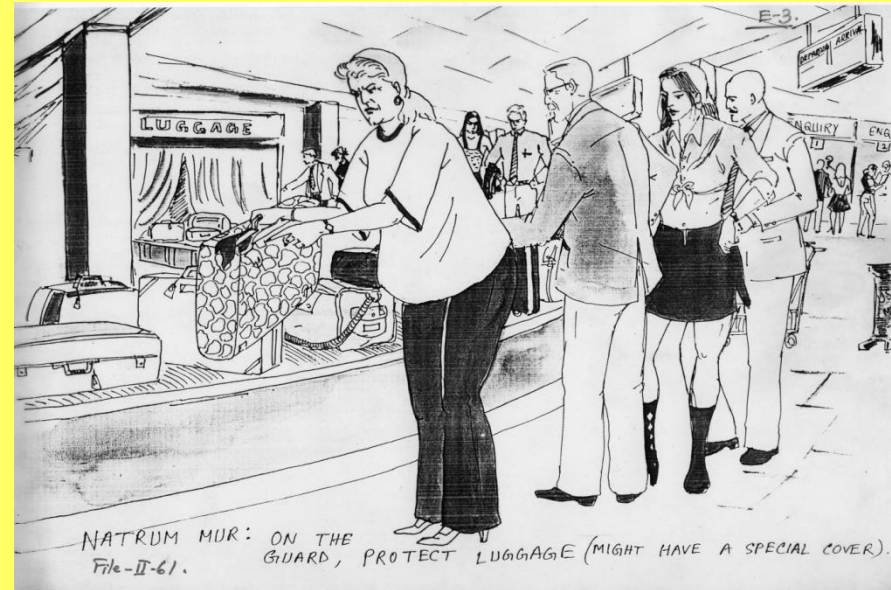
**Silent  
grief**

**Romantic  
& loyal**

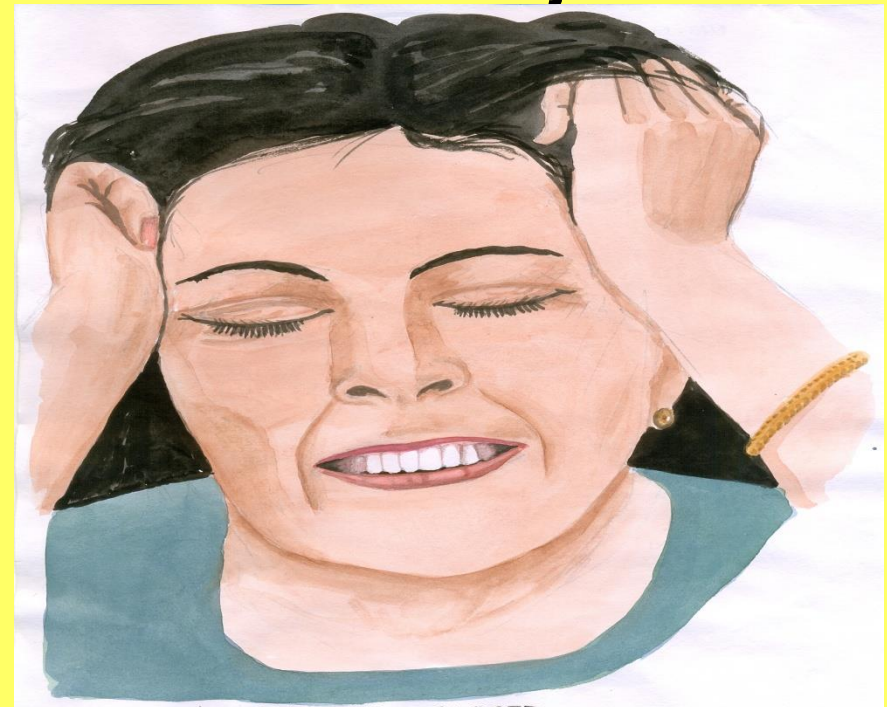
**Guard  
(on  
the)**

**Resentful**

**Past dwelling**

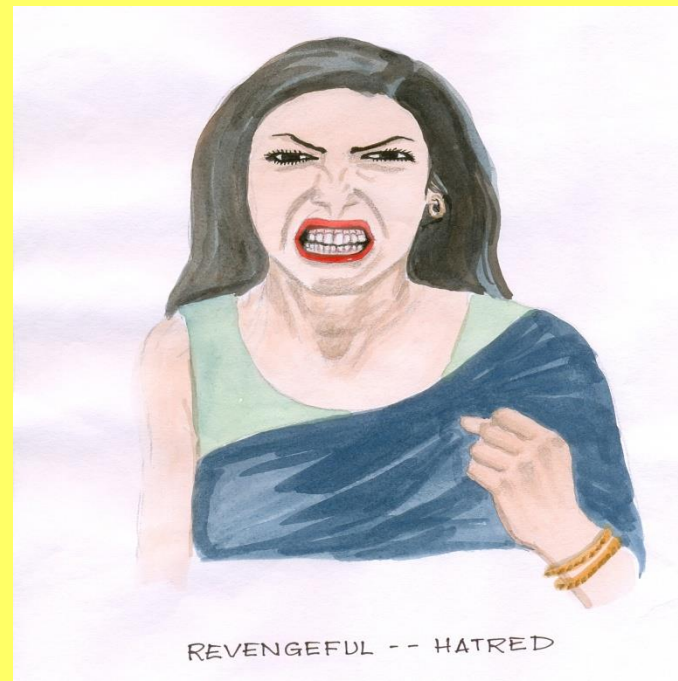
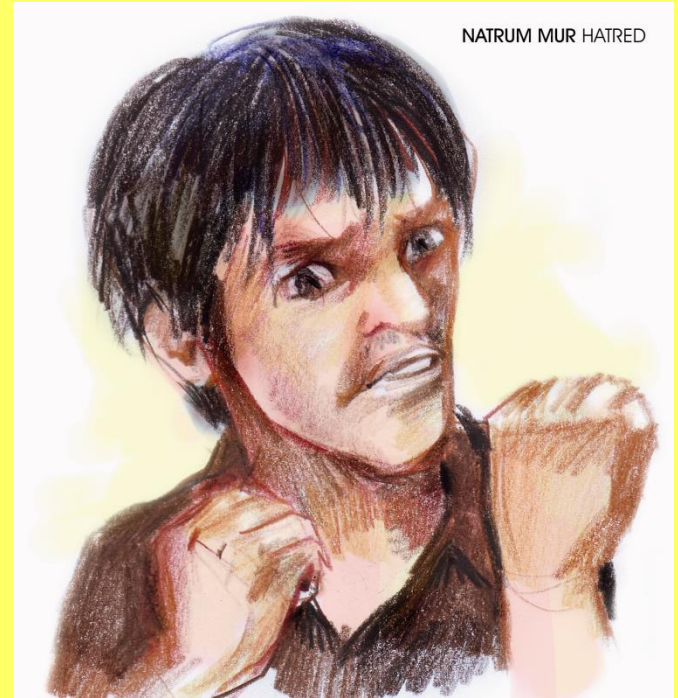


**Guard - Projects**

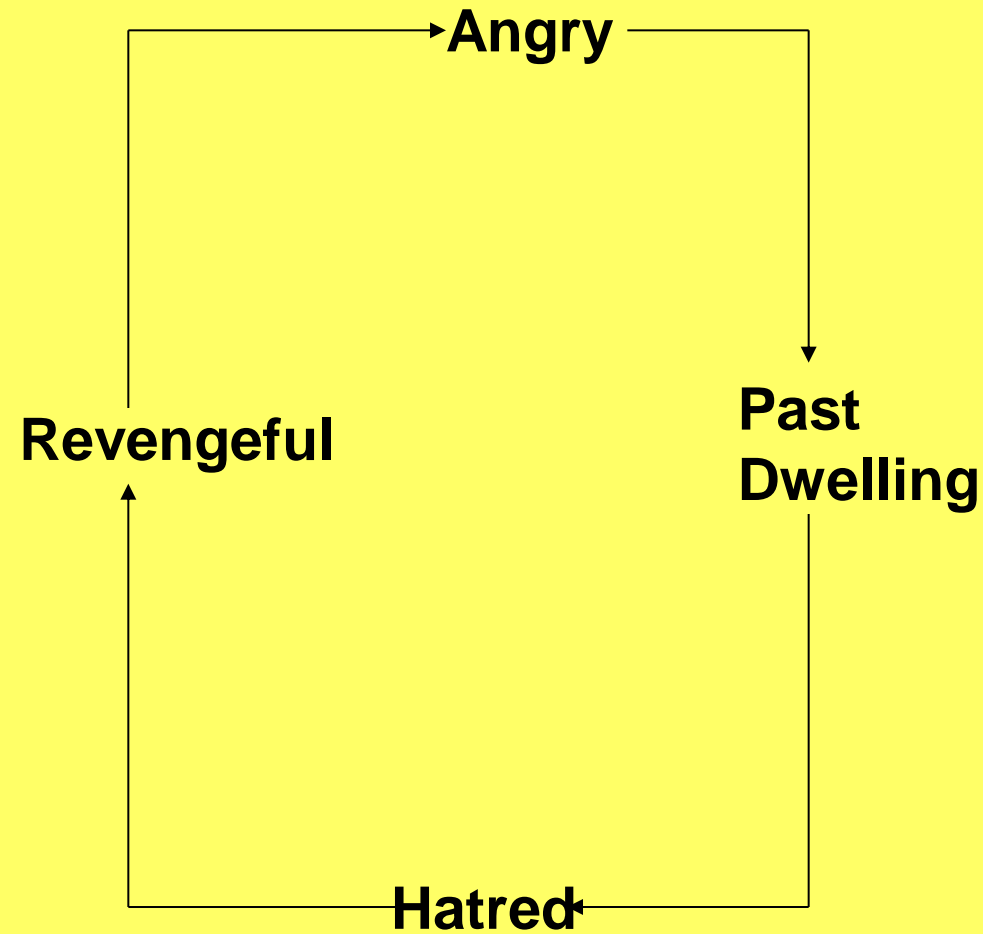




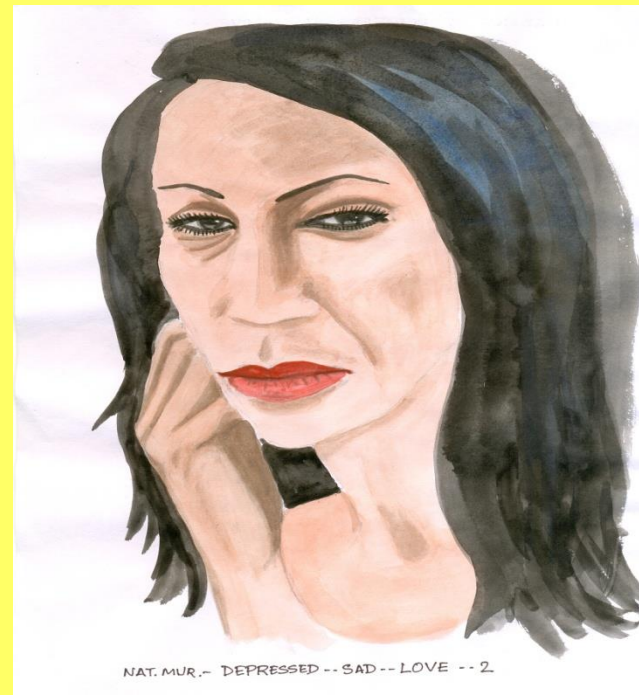
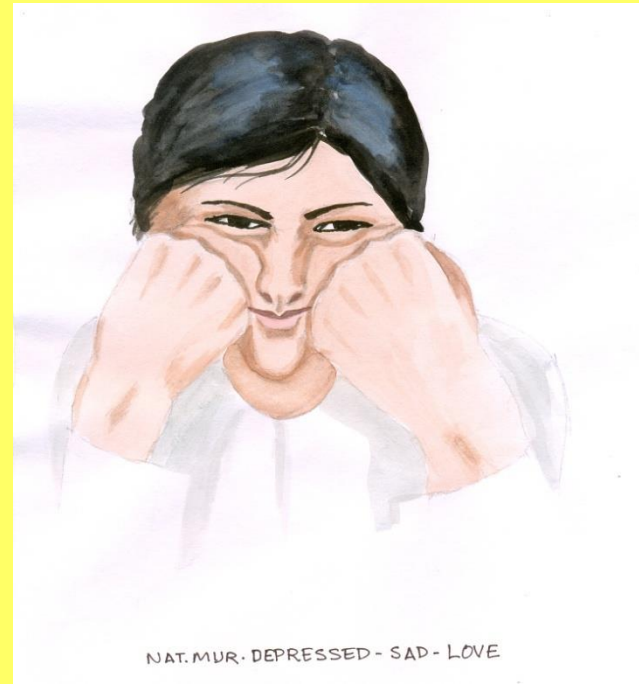
NATRUM MUR HATRED



REVENGEFUL -- HATRED

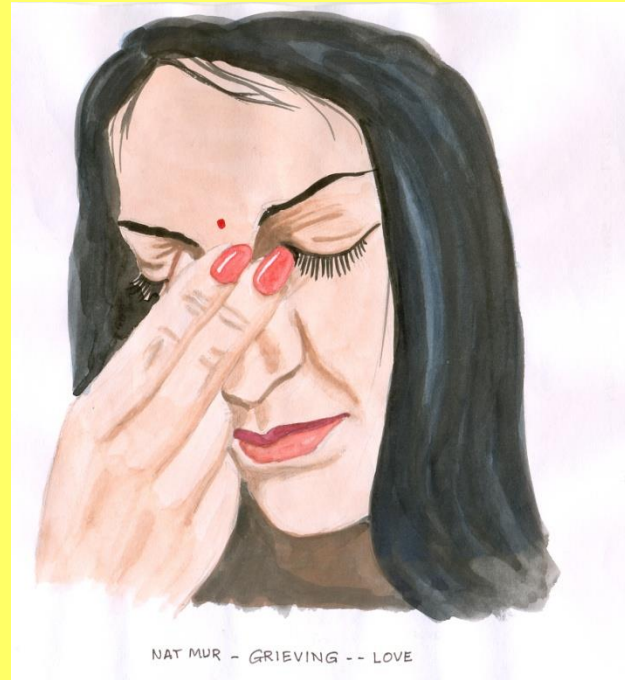


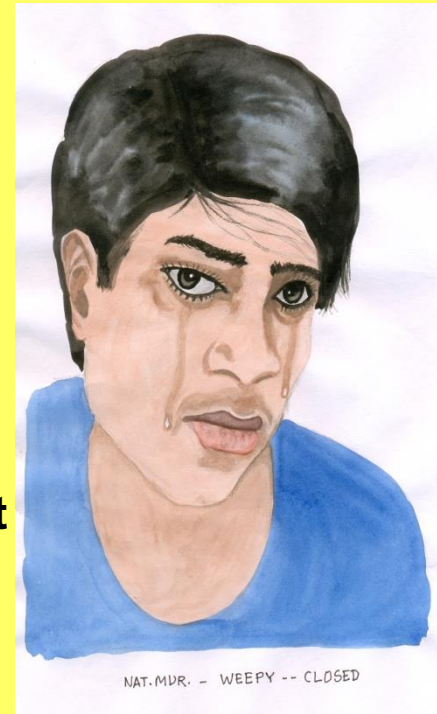
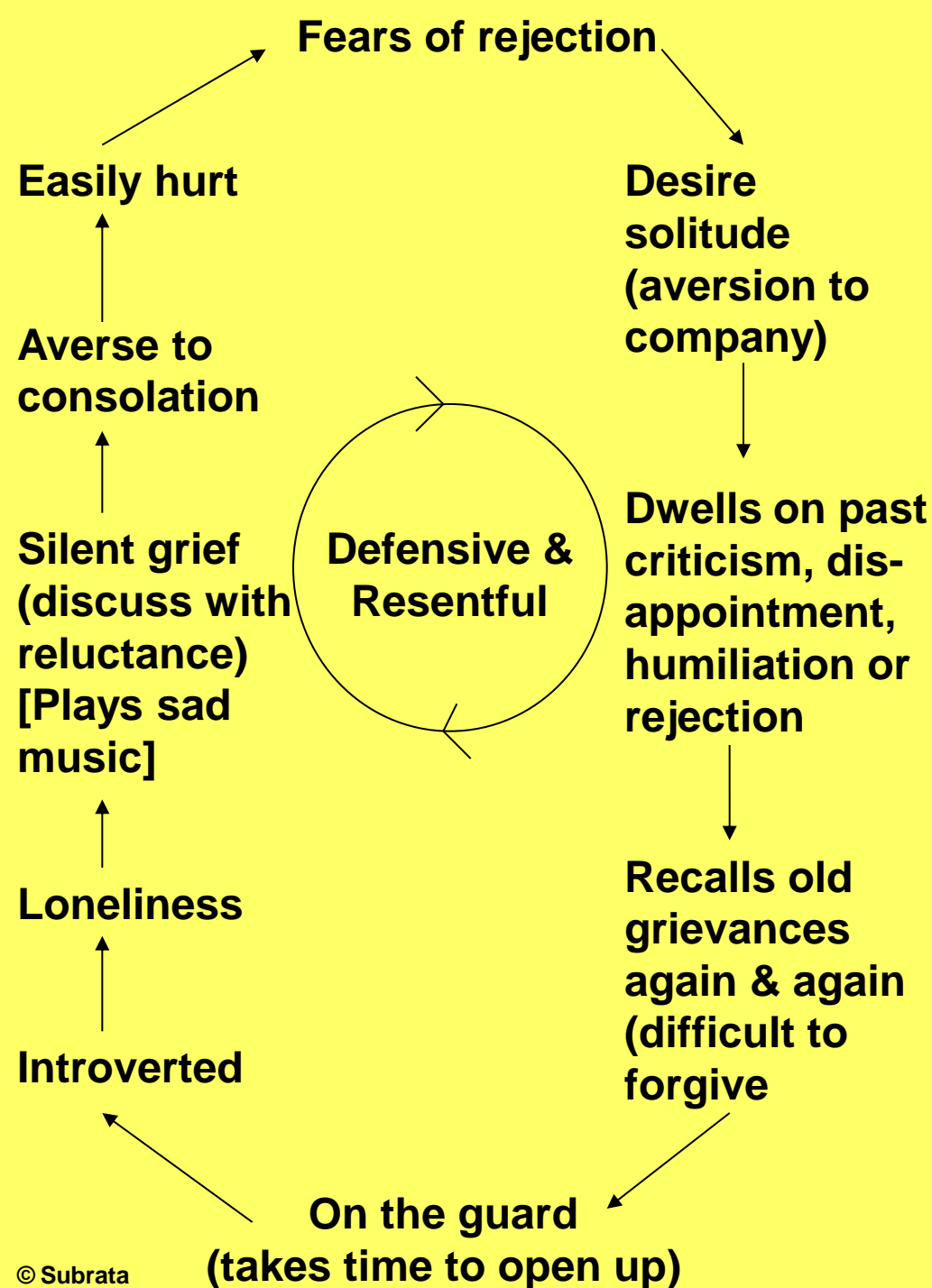
# Depressed & Resentful





# Grieving





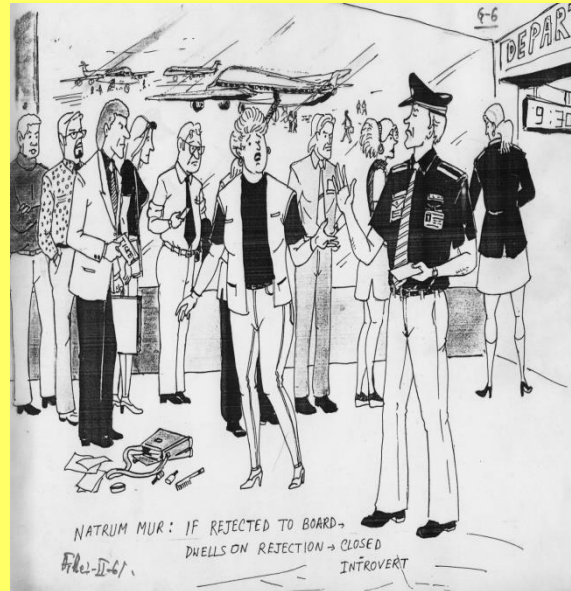


Resentful

Rejection

Repressed

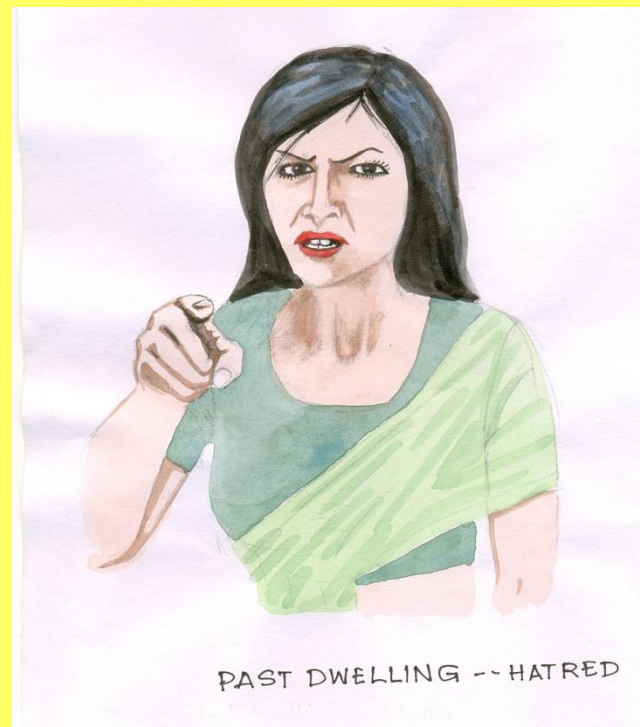
Revengeful



Rejection Dwells



Rejection



## Loss of vital fluid

Loss

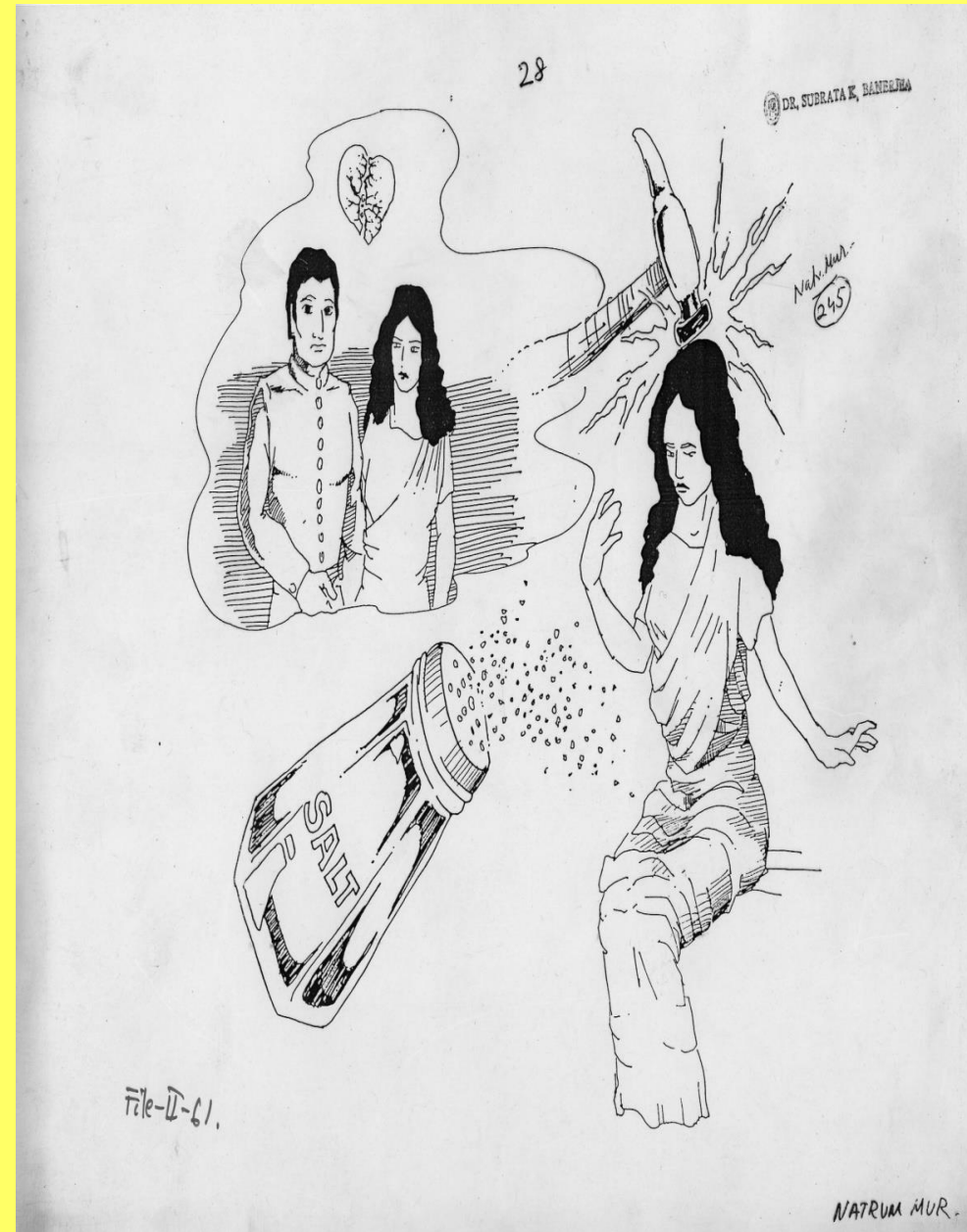
Loosing  
flesh  
while  
living  
well

Loss →  
broken  
relation-  
ship

Loss of immunity →  
catches cold easily

Loss of  
nerve  
control:  
drops  
things

Loss of  
control of  
sphincter  
urethrae  
(stress  
incontinence)



## Physical Summary



**Bladder → urine →  
involuntary on  
coughing, laughing**

**Mile stone  
→ delayed  
→ as if  
organs are  
weak**

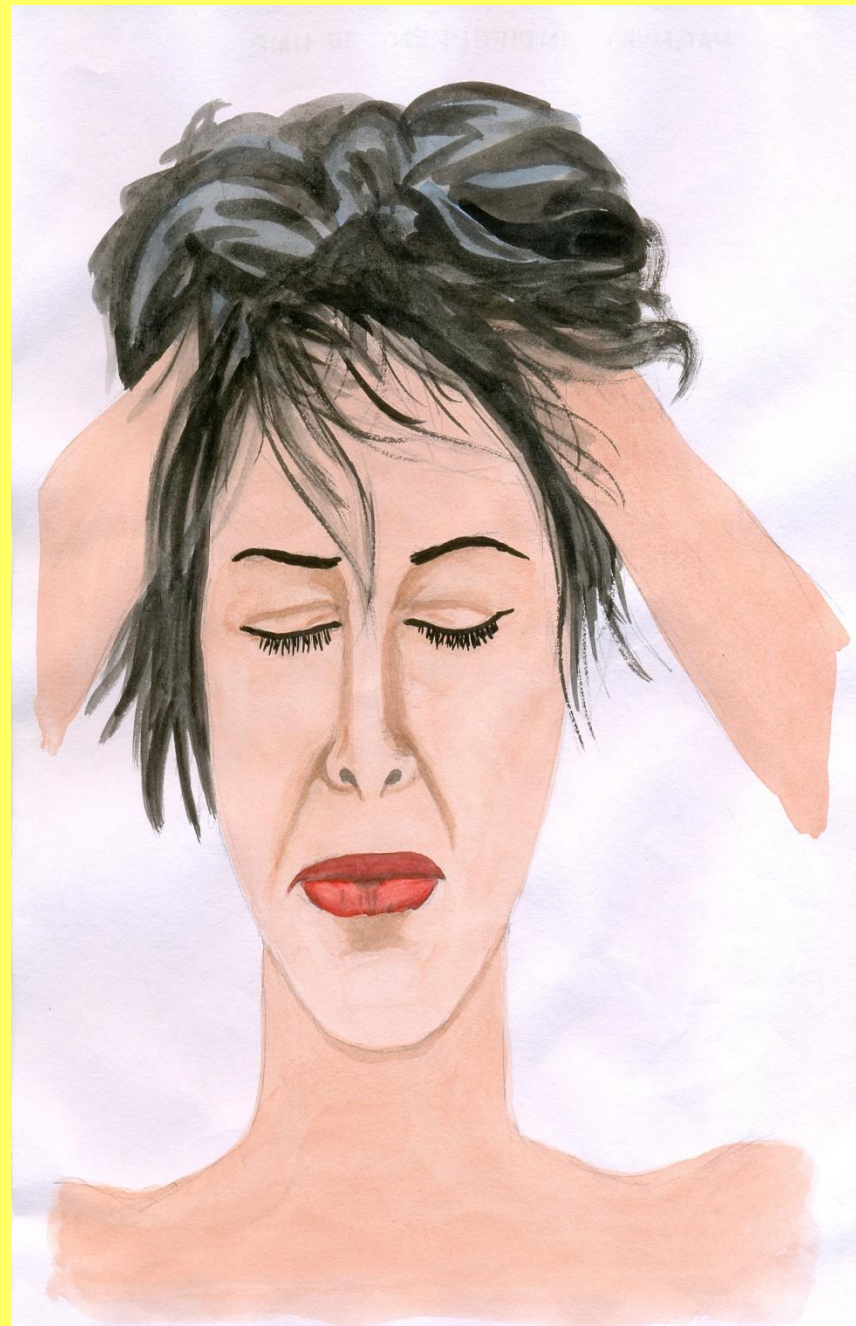
**Eye → on  
coughing:  
flow of  
tears**

**Relaxation**

**Seminal  
emission  
→ relaxed  
→ delayed**

**Hair falls  
out when  
touched, in  
nursing  
women**

**Lachrymation: tears stream  
down, on coughing**



INDIFFERENT TO HAIR

**Dropsy**

**Retention  
of uric  
acid:  
gout**

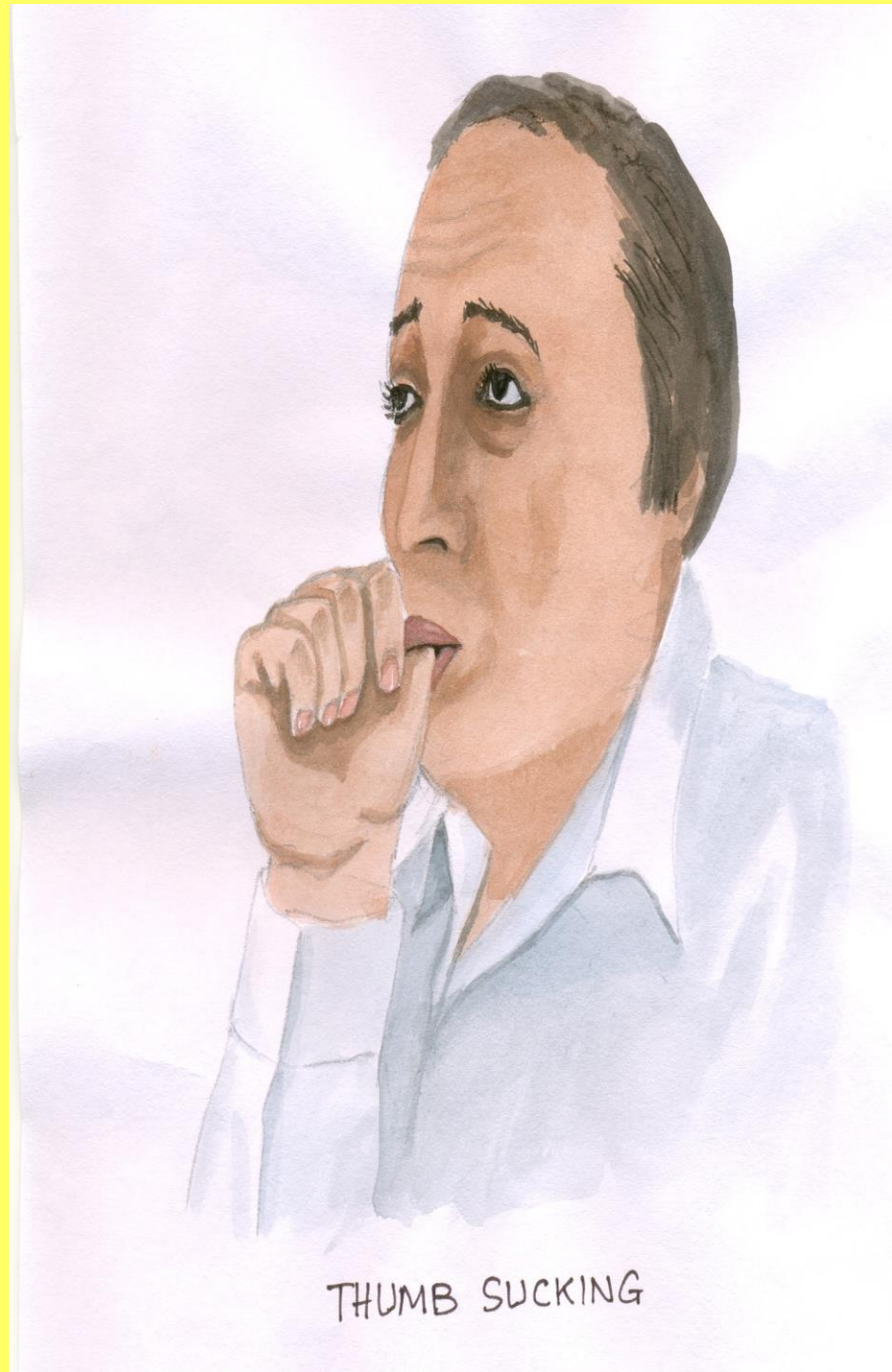
**Retention  
of grief:  
sadness:  
tired of  
life**

**Introvert:  
grief, can  
not cry**

**Retention**

**Consti-  
pation**

**Urine: retention: has to  
wait a long time if  
others are present**



THUMB SUCKING



**THANK YOU!**