

#### ALLEN COLLEGE OF HOMOEOPATHY,

Sleeplessness ← → catnap sleep

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# **NUX VOMICA**

#### A. PHYSICAL THEME

Symptoms of alternation (viz. constipation & diarrhoea, drowsy & sleeplessness, etc.) Features of hydrogenoid constitution Chilliness & sleeplessness Hypersensitive Chilliness Spasmodic **Dyspeptic** Trio of Physical Haemorrhagic Constrictive Generals **Biliousness** Love for: sex, wine & women **Heaviness** Rich and stimulating food Spasm Wine Drugs (pharmaceutical and Irritable (physical Sensitive recreational) **Desires** and mental) Stimulating **Parties** experiences Wine & women Nervous debility ← → ecstasy Alternating States

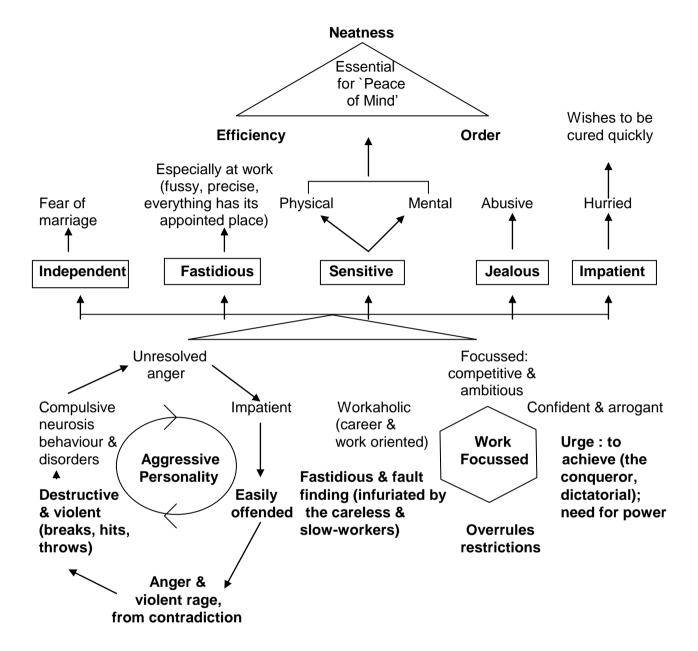
### **Physical Clinicals:**

- 1. Acute & Chronic Gastritis;
- 2. Acute & Chronic Gastro-enteritis (diarrhoea);
- 3. Acute & Chronic Biliary disorders;

Physical irritability ← → hypersensitivity

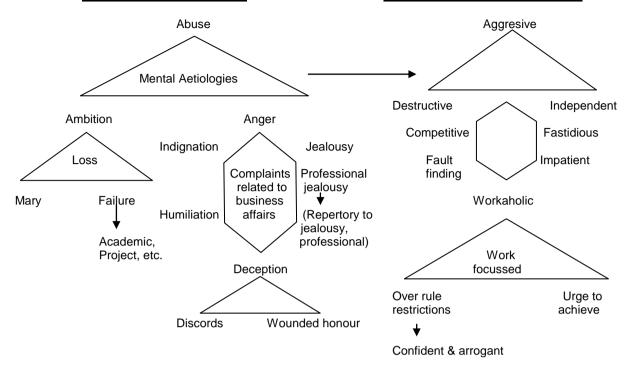
- 4. Headaches:
- 5. Osteo-arthritis and Backache;
- Sleeping Disorders.

# B. MENTAL ESSENCE



### **MENTAL AETIOLOGIES**

### **PSYCHIC MANIFESTATIONS**



### **Mental Clinicals:**

- 1. Obsessive Compulsive Disorders (O.C.D);
- 2. Angry episodes; Destructive.
- 3. Anxiety Neurosis;
- 4. Workaholic.

#### C. SPHERE OF ACTION: WEAKEST LINKS

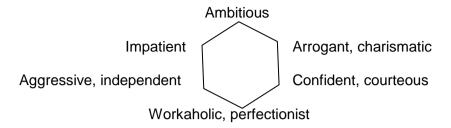


### D. CATCH WORDS: KEYNOTES

Absence of desire for defecation is a contraindication

Heaviness in abdomen, hours after food: only better by vomiting Sedentary life, sex, stimulating experiences & food, coffee, wine in excess

## E. KEYWORDS FOR PERSONALITY PROFILE



# F. POTENCY OF CHOICE

i) Gastric: 200C.

ii) Diarrhoea and constipation: 1M.

iii) Mental : 1M. iv) Sexual : 1M. v) Back : 1M.

vi) Bad effects of drugging :  $200C \rightarrow 1M$ .

Acute as well as Chronic medicine.

## G. MIASMATICS OF NUX VOMICA

Psora +++, Sycosis ++, Syphilis +, Tubercular ++.

### H. CLINICAL TIPS

Career orientated irritable,impatient,workaholic men suffering from indigestion and heaviness of abdomen with frequent ineffectual urging for evacuation.